

Low-Cost, No-Cost People Services

Butte County, California

September 2013

Produced by HelpCentral.Org, an online searchable database of health and human services in Butte County

To see the complete searchable directory of community services online, go to www.helpcentral.org

The Low-Cost, No-Cost People Services directory is also available in Spanish at www.helpcentral.org

24-Hour Hotlines

Domestic violence	895-8476 or 1-800-895-8476	Youth mental health/suicide/crisis	1-800-371-4373
Child abuse	1-800-400-0902	Adult mental health/suicide/crisis	1-800-334-6622
Elder abuse	1-800-664-9774	Poison control	1-800-876-4766
Rape crisis	342-7273		

IF YOU ARE EXPERIENCING AN EMERGENCY CALL 9-1-1

Ⓜ = Agency provides staff assistance in Hmong

Ⓢ = Agency provides staff assistance in Spanish

Addiction/Substance Abuse Counseling/Mental Health

(Also see 'Support Groups')

Aegis Medical Systems 345-3491

590 Rio Lindo Ave., Chico
Detox and maintenance programs for opiate addiction.

American Lung Association 345-5864

10 Landing Circle, #1, Chico
Online smoking cessation support; second-hand smoke information. www.lung.org/stop-smoking/

• **Lung Association Lung Helpline**

RN's and RN therapists 1-800-586-4872
are available to answer questions about lung cancer, asthma, allergies, emphysema, quitting smoking, and environmental health.

• **Freedom from Smoking Online**

<http://ffsonline.org>

Butte County Dept of Behavioral Health

109 Parmac #1, Chico 891-8502

ADULT SERVICES 891-2999

Crisis Intervention toll free 1-800-334-6622

Crisis Intervention local 891-2810

• **Chico Adult Outpatient Center** 891-2784

560 Cohasset Rd. #175, Chico

• **Oroville Adult Services** 538-7705

18 County Center Dr, Oroville

• **Gridley Community Counseling Center**

995 Spruce, Gridley 846-7305

• **Paradise Adult Services** 877-5845

805 Cedar Street, Paradise

Substance abuse services, group counseling, referrals to in-patient substance abuse facilities.

• **Psychiatric Health Facility(PHF)** 891-2810

592 Rio Lindo Ave, Chico 1-800-334-6622

Psychiatric Health Facility for individuals on 72-hour hold.

• **Iversen Wellness & Recovery Center**

492 Rio Lindo Ave, Chico 879-3311

A safe place for men and women challenged by a variety of mental health, alcohol & drug issues. Open M-F 11-4:30. Activities, support groups, community outings, Internet access, help with housing and job placement, education. ⓈⓂ

• **Oroville Adult Services** 538-7705

18 County Center Dr, Oroville
Self-improvement, peer-support, education, socialization, activities, community awareness about mental health and alcohol and drug issues. Free weekly support groups, patients' rights and more. Drop In M-F 11:00am and 4:00pm.

Butte County Dept of Behavioral Health

YOUTH SERVICES

Crisis Intervention toll free 1-800-371-4373

• **HERE Runaway Program** 891-2810

592 Rio Lindo Ave., Chico

• **Chico Community Counseling Center**

500 Cohasset Rd. #15 Chico 891-2945

• **Paradise Community Counseling Center**

5910-W Clark Rd., Paradise 872-6328

• **Oroville Community Counseling Center**

88 Table Mtn Blvd. Oroville 538-2158

• **Gridley Community Counseling Center**

995 Spruce, Gridley 846-7305

Health and treatment services to youth and their families at risk or currently suffering from some serious mental illness. Counseling, group therapy, testing, intervention.

ⓈⓂ

Butte County Meth Strike Force

www.2stopmeth.org 538-7822

• "Drop the Drugs" campaign- clean out home medicine cabinets and drop off at designated locations to prevent children and teens from prescription drug poisoning and abuse.
• Information and resources on prevention and treatment of methamphetamine abuse.

Butte County Office of Education – Student Health & Prevention

1870 Bird St, Oroville 532-5840

Provides drug, alcohol, tobacco and violence prevention services primarily through programs conducted at public schools.

Butte County Public Health Dept. -

Tobacco Information 538-6109

202 Mira Loma Dr, Oroville

Help to quit tobacco use. Educational services, public smoking complaint follow-up, assistance to reduce second hand smoke and protect others. Ⓢ

California Smokers Helpline

1-800-NO BUTTS 1-800-662-8887

In Spanish 1-800-456-6386

TDD 1-800-933-4833

Free telephone program to help callers quit smoking. Self-help materials, referrals, and one-on-one counseling over the phone. Also second hand smoke information and special services for Native Americans, pregnant women, teens, and tobacco chewers.

Search online for helpful services at
www.helpcentral.org

California Youth Crisis Line

Statewide, toll free, 24-hour **800-843-5400**
Confidential telephone hotline available to teens and young adults ages 12-24 and/or any adults supporting youth. Runaway and homeless issues, suicide, self-injury, sexual assault, dating and relationship violence, family troubles and domestic violence, depression, and other issues. Provides crisis intervention and also referrals to local resources.

Center for Fetal Alcohol Spectrum Disorder

894-2092
7 Commerce Court #130, Chico
Information and awareness of the dangers of alcohol for pregnant women. Diagnosis, recommendations for services, education, and information for the child, family, and/or caregivers and teachers; lending library, audio-visual aids, interactive CD's, and support group meetings.

Cherokee House

533-5429
1650 Lincoln St, Oroville
Residential short-term (30 days) and long-term substance abuse treatment for men.

Chico Recovery Center

343-6566
2057 Forest Ave #5, Chico
Outpatient alcohol and drug programs, adolescent treatment.

Connecting Circles of Care

500 Cohasset #15, Chico
Chico-- 891-2945
Oroville-- 538-7950
Gridley-- 846-7305
Wrap-around services for children with severe emotional disturbance and their families; serving Latino, African American, Native American, Hmong youth, and rural mountain area. ☺

CSU Chico Campus Alcohol and Drug Education Center

898-6450
Student Services Room 180, CSU Chico
Educational programs and social events for prevention of alcohol and drug abuse to reduce incidents of alcohol poisoning, excessive drinking, and alcohol-related assault, violence, and injury.

CSU Chico Counseling Training Center

CSU Chico Campus 898-4195
Free counseling provided by CSUC Grad students as part of their training.

Family Assistance Network

891-2715
2415 Tom Polk Ave, Chico 1-800-449-9662
FOR MILITARY FAMILIES of all service branches. Provides information, referrals, resources, and support to service members and their families through all stages of deployment; includes health care, legal assistance, counseling support, and more.

Feather River Tribal Health

2145 Fifth Ave, Oroville 534-5394
Counseling, men's recovery program for drug and alcohol abuse. ☺

Growing Place (The)

588-0448
1074 East Ave #A-4, Chico
Counseling center, providing a wide range of psychotherapy, life coaching, and mental health education.

HERE Program Crisis Line

1-800-371-4373
592 Rio Lindo Ave., Chico 891-2810
Response for youth and families. Suicide risk assessments, temporary shelter for runaway youth, Home Free program for runaways, crisis counseling. ☺☺

Hmong Cultural Center of Butte County

1940 Feather River Blvd., Oroville 534-7474
Individual and family support, referrals for general social services, and support groups.

Hmoob (Hmong) Talkline

530-403-3978
Helpline/Warmline for Hmong Community-Telephone support for those needing non-crisis response to troubles, questions, and concerns. ☺

Northern Valley Catholic

345-1600

Social Service

1-800-339-8336

10 Independence Circle, Chico
205 Mira Loma Dr, #10, Oroville
Low-cost or free counseling and support services to individuals and families. Counseling/therapy services for school-age children. ☺

Northern Valley Talkline

(855) 582-5554
Free telephone support for those needing non-crisis response to troubles, questions, and concerns. Provides live peer listeners and community resource referrals, 4:30-9:30pm, 7 days per week.

Oroville Rescue Mission

533-9120
4250 Lincoln Blvd, Oroville
13-month live-in addiction recovery program for men and women. All services are FREE. Men's shelter -534-9541, Women's shelter - 533-0351.

Promotores

345-1600 x211
NVCSS, Spanish 345-1600 x2112
Hmong Cultural Center 534-7474
Mental Health and wellness services for Hmong and Latino families. ☺☺

Rape Crisis Intervention and Prevention

Crisis Line 342-7273
2889 Cohasset Rd #2, Chico 891-1331
Crisis intervention for anyone dealing with issues of sexual assault. Accompaniment to hospital, law enforcement, court. No-cost counseling, prevention and community educational programs for students and adults. ☺

Salvation Army Adult Rehabilitation

13404 Browns Valley Dr, Chico 342-2199
Residential treatment program and work therapy for adult men and women recovering from addiction; case management and re-entry support for jobs, and recovery. ☺

Shalom Free Clinic

518-8300
1190 E. First Ave, Chico
Congregational Church Bldg.
Free drug and alcohol intervention, mental and behavioral health counseling and referrals; health screenings and education; prescription payment assistance, Sundays 1-4pm. ☺☺

Skyway House

898-8326
40 Landing Circle #1, Chico
Residential alcohol and drug treatment program for men and women, and sober living houses; outpatient programs for adults and structured outpatient program for adolescents; screening and treatment planning for people struggling with addiction.

Stepping Stones

Butte County Behavioral Health

556 Cohasset Rd, Chico 891-3251
2167 Montgomery Street 693-2172
Outpatient program offering alcohol and drug treatment, case management, continuing care and support groups for women who are pregnant or are parenting children.

Stonewall Alliance Center

893-3336
358 East 6th St, Chico
Outreach to LGBTQ youth and young adults to provide information, education, and support in prevention of suicide and suicide risk.

Tri County Treatment Center

533-5272
2740 Oro Dam Blvd, Oroville
Drug and alcohol 12-step program; tools to obtain lifelong sobriety; both a live-in and outpatient treatment center for substance abuse.

Well Ministry of Rescue (The)

343-1935
2612 Esplanade, Chico
Residential drug and alcohol rehabilitation program for men; also vocational training, case management, and after-care, including transitional housing.

Youth for Change

894-5933
578 Rio Lindo Ave, #3 Chico
• **Strong Starts**
Counseling for children ages 2-7 with full-scope Medi-Cal; parent-child interaction therapy covered.



Barry R. Kirshner Wildlife Foundation

4995 Durham-Pentz Rd., Oroville 533-1000
Educates the public about the care and preservation of all wildlife and their habitats, both local and global.

Bidwell Wildlife Rehabilitation

343-9004
Wildlife emergency care and rehabilitation for California native animals. Offers a variety of phone numbers to call for various animal-related inquiries. Limited educational programs.

Butte County Public Health-Animal Control

Chico 891-2907 Oroville 538-7409
Dog licenses, kennel and exotic animal permits, quarantine, stray and injured animal pick up, low-cost rabies clinics (once yearly) and vaccinations in unincorporated area only.

Butte County Air Quality Management District 332-9400 855-332-9400

629 Entler Ave #15, Chico
Public information and education on air pollution, reduction of pollution, burning guidelines information for both agriculture and residential burning. ©®

Butte County Farm, Home and 4-H Advisors 538-7201

2279B Del Oro Ave, Oroville
Public information on home gardening, as well as home horticulture, and youth 4-H emphasizing animal and livestock sciences.

• Master Gardener Program

Offers information to the local community about gardening and yard work; free of charge.

Butte County Recycling Program

Department of Public Works 345-4917
1023 Neal Rd, Paradise

Recycling information and locations for common, special, electronic, and hazardous household waste at 1101 Marauder St. in Chico. Recycling directory published online, www.buttecounty.net/recyclebutte.aspx

Butte Environmental Council 891-6424

116 W. 2nd St., #3, Chico
Environmental advocacy, education programs, recycling information, and referral. ©®

Butte Humane Society 343-7917

2579 Fair St, Chico (dog adoption)
587 Country Dr, Chico (clinic & cat adopt.)
Animal placement, adoption, education, aoid chipping (identification chip), low-cost spay/neuter program, volunteer opportunities.

Butte Regional Household Hazardous Waste Facility 24 hr info: 1-866-HAZCATT

1101 Marauder St, Chico 343-5488
Household hazardous waste and e-waste can be disposed of by Butte County residents free of charge, Fri 9am-1pm and Sat 9am-4pm. Also accepts home generated medical waste including sharps, and pharmaceuticals, (but not infectious medical waste).

Chico Creek Nature Center 891-4671

1968 E. 8th St, Chico
Located inside Bidwell Park; wildlife exhibits, educational programs, museum, nature walks, nature camps for kids.

City of Chico Animal Control 897-4960

2579 Fair St, Chico
Animal control services in the incorporated City of Chico only. Educational programs, bite investigations, cruelty, stray and injured cat and wildlife care/pick-up, Animal Counseling, rabies control.

Companion Animal Welfare Alliance

• Trap-Neuter-Release 324-2292
Trap-Neuter-Release program for stray cats.
• Spay and Neuter Program 895-1791
Hotline and assistance with Spaying/neutering cats and small dogs (under 25 lbs.).

Farm Sanctuary 1-607-583-2225

19080 Newell Road, Orland Tours: 865-4617
Farm animal rescue and protection, providing sanctuary to abused farm animals, education on the effects of factory farming on health and the environment, and advocacy for animal rights.

Gridley Animal Haven/Animal Control

895 Sycamore, Gridley 846-4825
Animal control services for residents in the Gridley area; shelter open by appointment only for adoptions.

North Valley Animal Disaster Group

PO Box 441 Hotline 895-0000
Information and assistance in the evacuation and sheltering of animals during a large disaster—fire, flood, tornado, earthquake, etc.; serving Butte County and northern California. Also low-cost microchips for pets.

Northwest (SPCA) Society for the Prevention of Cruelty to Animals

27 South 5th Ave, Oroville 533-7636
Animal control services and animal cruelty investigations for City of Oroville; animal adoption services, lost and found pet services.

Paradise Animal Shelter/Control

925 American Way, Paradise 872-6275
Provides animal control services, adoption, lost and found, spay/neuter services, cruelty investigations, assistance with noise complaints, stray dogs, injured animals, livestock or wildlife problems, and rabies control.

PAWS (Promotion of Animal Welfare Society) 534-0900

Low-cost spay/neuter of dogs and cats for people on limited incomes, as well as limited medical services and vaccines; payment plans available with a bankcard.



(Also see 'Health and Medical and 'Recreation')

Adoption Choices of Northern California

1469 Humboldt Rd, #200, Chico 891-0302
1-800-607-9200
Adoption information, planning, advocacy and support for pregnant women and prospective adoptive parents. ©®

Adoption Services-State of Calif.

520 Cohasset Rd, Chico #140 895-6143
Adoptive placements, training of adoptive parents, adoption services, adoption facilitators, financial assistance, and counseling. ©
• Sierra Forever Families 879-3861

African American Family & Cultural Center 532-1205

3300 Spencer Ave, Oroville
Support groups, activities, and classes for African Americans in the Oroville area.

Angel Babies 893-2487

1929 Esplanade
New and gently used clothing, furniture, and accessories for sale or trade for infants, children, and maternity.

Axiom (The) 533-8010

2130 Montgomery St, Oroville
Drop-in place for high school and junior high students; open after school Tuesday through Friday; offering video games, pool and foosball tables, a full café, and music. Homework help and Internet access available.

Boy Scouts of America 800-427-1417

1311 Mangrove Ave, Chico 345-7052
Outdoor programs for youth, camping, community participation, leadership development, public service, and character building for boys age 7–21; girls 14-21 (Venture Program). ©

Boys and Girls Club

• 601 Wall St, Chico 899-0335
• 6241 Skyway, Paradise 872-3662
• 2959 Lower Wyandotte Rd, Oroville ©®
Southside Community Center 533-3067
Enrichment and youth development programs for ages 6 to 18. Homework help, computer lab, camps, teen center, summer programs.

Butte County Child Abuse Prevention Council 899-3318

130 W. 6th St, Chico
Education and prevention related to child abuse, Fetal Alcohol Syndrome, Shaken Baby Syndrome, mandated reporter training.

Butte County Department of Child Support Services 1-866-901-3212

78 Table Mountain Blvd, Oroville
All child support services at no cost, including enforcement of child-support orders, collection and distribution of child support, location of absent parent, paternity. ©®
www.buttecounty.net/css

Butte County Public Health Dept. - California Children Services 895-6546

2491 Carmichael Dr #400, Chico
Financial assistance with medical bills for children 0-21 years who have serious medical problems. Case management, linkage to resources. Physical & occupational therapy at school sites for medically-eligible children. ©

**Butte County Public Health Dept. -
Child Health & Disability Prevention**

82 Table Mountain Blvd #30, Oroville
Links children/teens (0-21 yrs.) **538-6222**
From low-to-moderate income families with health care providers for well child, school entry, camp, or sports health exams. Assistance with referrals for diagnosis and/or treatment of health problems.
☺☹

**Butte County Public Health Dept. -
Kids in Safe Seats**

1-800-339-2941
2491 Carmichael Dr. #400, Chico **891-2732**
Offers free classes to teach parents and caregivers the proper installation of infant and child passenger safety seats; offered at various locations throughout Butte County. Low cost, no cost car seats for eligible Butte County residents.
☺☹

**Butte County Dept. of Employment &
Social Services Children's Services**

Division Hotline 1-800-400-0902
Emergency response, investigation of child abuse and neglect, family treatment, and protective strategies for children. ☺☹

**Butte County Farm, Home and 4-H
Advisors**

538-7201
2279-B Del Oro Ave, Oroville
Informal, learn-by-doing educational program for youth ages K-19 years emphasizing animal and livestock sciences, citizenship, community service, and leadership development; nutrition resources to teachers preschool-12th grades. ☺☹

Butte Literacy Council

891-0137
P.O. Box 7064, Chico, 95927
Increase public awareness of local literacy resources, and make efforts to improve literacy services.

California Highway Patrol

879-1999
•Start Smart Teen Driving Program
Assists young drivers and their parents to understand responsibilities and laws associated with driving a motor vehicle. Accident, injury and death prevention. Classes offered 4-6 times a year. Reservations requested.

Cal-SAFE Young Parent Program CUSD

Fairview Campus 891-3094 x148
290 East Ave, Chico
Teen prenatal and parenting education, counseling, and other support services, including child care for parenting teens while attending Fairview High.

Caring Choices – Baby Safety Program

1398 Ridgewood Dr, Chico 899-3873
1-866-703-3873
Home safety evaluation and equipment for families with children under the age of 5 yrs. Free or low-cost installation of baby safety devices; lead paint testing and removal; locks and latches, gates, smoke detectors, knob covers, and more. Must be covered by Medi-Cal. ☺☹

Catalyst Domestic Violence Services

Crisis Line 1-800-895-8476
330 Wall Street #50, Chico 343-7711
2185 Baldwin, Oroville 532-6427
Domestic, family, relationship violence prevention and education, crisis help, shelter, LGBTQ plus Program, safety planning, and counseling. Assist in filling out Victim Witness applications as well as Temporary restraining orders; VINE registration. ☺

Computers for Families

895-4175
315 Huss Dr, Chico
Supplies low cost computers; Spanish language computers also available.

E Center Head Start Program

2167-B Montgomery St, Oroville 532-7564
564 Rio Lindo Ave #209, Chico 895-3588
No-cost early childhood care and education program for qualifying families with preschool children in Butte County; individualized learning plans for children; and social services for families. Part-time, full-day, or home visitor options.

Children's Health Center

332-6000
277 Cohasset Rd, Chico
CHDP provider, well-baby checks, immunizations, sick childcare visits, sport/camp physicals, teen physicals specialist referrals. All insurances accepted, including Medi-Cal. ☺

Family Assistance Network

891-2715
2415 Tom Polk Ave, Chico 1-800-449-9662
FOR MILITARY FAMILIES of all branches of service. Provides information, referrals, resources, and support to service members and their families through all stages of deployment; includes health care, legal assistance, counseling, support meetings and more.

Farmers' Markets

Chico Certified Farmers Markets 893-3276
CChaos 624-8844
Downtown Chico Business Assoc. 345-6500
Weekly farmers markets with locally grown produce, handmade crafts, plants, and more.

--Chico--

- **Chapman** – Chico Community Park, 1010 Cleveland Ave., Fri 2-5:30pm; accepts CalFresh EBT cards and WIC
- **Downtown Market** -2nd & Wall St, Sat 7:30am-1pm, rain or shine, year-round; accepts CalFresh EBT cards and WIC.
- **DCBA Market** – Downtown, Broadway between 2nd & 5th Streets. Thursdays 6-9pm, April-Oct; accepts CalFresh EBT cards and WIC.
- **North Valley Plaza Mall**, East Ave. & Pillsbury Rd., Wednesdays 7:30am-12noon, rain or shine; May-November; accepts CalFresh EBT cards and WIC.

--Oroville--

- **Municipal Building** on Montgomery St. (between Huntoon & Myers), Saturdays, 7:30am – 12noon, May – Oct; accepts CalFresh EBT cards and WIC.
- **Oroville Hospital** – Medical Office Building Parking Lot at 2767 Olive Highway, Wednesdays, June –Sept, 10am-2pm.

--Gridley--

• **Gridley Certified Market**- Hwy 99 & Sycamore St. ACE Hardware Parking Lot; Tues 5-8pm May-Aug; accepts CalFresh EBT cards and WIC.

--Paradise--

- **Paradise Alliance Church**- 6491 Clark Road, Tuesdays 7:30am – noon, rain or shine, May – October; accepts CalFresh EBT cards and WIC.
- **Paradise Community Park Market**- Black Olive Drive & Pearson Road; Thursdays, 5pm-8pm June –Sept; accepts CalFresh EBT cards and WIC.

Feather River Tribal Health

2145 Fifth Ave, Oroville 534-5394
Services for families, including information and referral, parenting education, anger management, life skills training, pediatrics, and other services. ☺

Foster/Kinship Care Education Program

Butte College Skyway Center 2480 Notre Dame Blvd, Chico 897-6235
Provides training for foster parents, kinship care providers, and community members to meet the needs of youth and families. Classes are free and open to everyone.

Four Winds Indian Education Center

2345 Fair St, Chico 895-4212
GED preparation for Native Americans, cultural classes, tobacco education & prevention, after-school programs, and obesity prevention.

Freecycle Network

Find or donate free items through a Yahoo local online network. Infant/ toddler supplies, furniture, clothing, household and yard items, etc.
Chico –
<http://groups.yahoo.com/group/freecyclechico/>
Oroville –
http://groups.yahoo.com/group/Oroville_CA_Freecycle/
Paradise –
http://groups.yahoo.com/group/Paradise_CA_Freecycle/

Girl Scouts of Northern CA

343-1904
50 Landing Circle, Chico
After-school informal education for girls age 5-17 through values-based program. Recreation, fun, community service, and friendship. Office open by appointment only.

Gridley Community Center

846-3264
200 East Spruce St, Gridley
After school youth teen center, food distribution, WIC, parenting classes, drug and alcohol counseling for students and families; for residents of Biggs and Gridley. ☺

Growing Up Chico

788-8336
www.growingupchico.com
Free magazine providing information, articles, activities, and support services for families with children in Butte County. Online family calendar of events.

Find more Child Care & Family Info:
www.valleyoakchildren.org

HERE Runaway Program

592 Rio Lindo Ave, Chico 891-2810
24-hour crisis response 1-800-371-4373

For youth and their families. Counseling, crisis intervention; temporary runaway shelter for youth.

Hmong Cultural Center of Butte County

1940 Feather River Blvd., Oroville 534-7474

Offers free interpretation and translation services for Hmong in Butte County; family support and family planning; referrals for general social services and support groups. ☎

• Hmoob (Hmong) Talkline 530-403-3978

Helpline/Warmline for Hmong Community- Telephone support for those needing non-crisis response to troubles, questions, and concerns. ☎

Live Spot Youth Centers

2167 Montgomery St, Oroville 538-7124
200 East Spruce St, Gridley 846-7309

Teen drop in centers provide youth leadership, skill building, and activities including workshops, vocational/job opportunities and training, special events, mentoring services, academic support, and prevention programs.

Local Child Care Planning Council

1870 Bird St, Oroville 532-5648

Information and referral, advocacy, and networking on subjects pertaining to child care, child development, and early education (to age 12). Presentations to community groups and staff or parent groups.

National Parent Helpline 855-427-2736

www.nationalparenthelpline.org (855-4A-PARENT) Emotional support, listening, referrals to parenting resources and support. Free call; M-F 10am-7pm.

North State Parent 926-1287

www.northstateparent.com

Free monthly magazine providing family and children's resource information on schooling, recreation, activities, camps, childcare, child development, health, wellness, and more. Online family calendar of events.

Northern Valley Catholic 345-1600

Social Service 1-800-339-8336

10 Independence Circle, Chico

205 Mira Loma Dr, Suite 10, Oroville

Low-cost or free counseling, and support services to individuals, parents, and families. ☎

• Court Appointed Special Advocates (CASA)

Advocacy for appropriate services for the child and their family members, and monitoring of the child's case in court.

• TAPP (Teenage Pregnancy and Parenting)

Provides case management for pregnant teenagers and teen parents, including education (Cal-Learn), in-home support services, and parenting classes at Oroville Family Resource Center.

• Promoting Safe and Stable Families

Family support services for young Hispanic/Latino families in the Gridley/Biggs area.

NVCSS Continued

• **Butte Baby Steps Oroville 538-8221**
Paradise 876-0928

Services to help expectant and new parents get their children off to a healthy start. Weekly home visiting and community service referrals for families in Oroville, South County and Paradise.

• Nurturing Parenting 345-1600 x2112

995 Spruce St., Gridley

Support for parents to share experiences and challenges as new parenting skills are developed; classes in Spanish. ☎

OPT for Healthy Living 345-0678

1311-E Mangrove Ave, Chico

Family based nutrition education program provides cooking classes, nutrition counseling, medical nutrition therapy, nutrition education activities.

Also children's summer camp. ☎

Oroville Police Department – **Child Safety Programs 538-2448**

Child and youth safety and prevention programs; stranger danger information, drug and alcohol awareness, and gang prevention.

Oroville Union High School Young

Parent Program

(Early Head-Start) 538-2330

Prospect High School 2060 Second Street

Offers child care and support services to pregnant or parenting teens, male and female, in the Oroville Union High School District.

Paradise Center for Tolerance and **Nonviolence (PCTN) 877-1856**

6023 Skyway, Paradise www.pctn.org
PCTN offers programs for advocacy, commitment to nonviolence, and education.

• Safety, Tolerance, and Respect Superstars (STAR)

A series of 8-12 weekly sessions for children ages 8 to 11. Activities and role-playing aid in tolerance behavior and attitude development.

• You Have the Power!

Bullying prevention program presented in classrooms and afterschool settings.

Paradise Ridge Family 872-3896

Resource Center

6249 Skyway, Paradise

Provides services to children, families, and adults on the Ridge, including information and referral, counseling, public health, family support, and case management.

Parents as Teachers 891-3107 x129

Chico Unified School District

Parent and family support program that serves Chico families with children ages 0-5; offers in-home parent education, childhood development, and safety information with activities to maximize child's overall development. ☎☎

Promotores 345-1600 x211

NVCSS, Spanish 345-1600 x2112

Hmong Cultural Center 534-7474

Mental Health and wellness services for Hmong and Latino families. ☎☎

R.A.D.- Recreation and Dreams for Children

With life-threatening illnesses: Sponsored
by Caring Choices 899-3873

1398 Ridgewood Dr, Chico 1-866-703-3873

R.A.D. is a program helping families of children facing life-threatening illnesses step out of their daily routine by providing low-cost/no-cost, bi-monthly recreational events, peer support & mentoring. R.A.D. accepts families of children 17 and younger with a life-threatening illness who are in treatment, recovery and remission. ☎☎

Sierra Forever Families 879-3861

520 Cohasset Rd #140, Chico

Services for families that have adopted children. Counseling, support groups, information and referral to community resources, lending library. Adoption Information, Support & Referral Line.

Text4baby Text "BABY" to 511411

Pregnant and new moms sign up to receive cell phone text messages about pregnancy and new baby care. www.text4baby.org

Thermalito Family Involvement and **Literacy Center**

2075 Poplar Ave, Oroville 538-2950

Preschool options at Poplar Ave School for children ages 3 or 4. On-going enrollment. Parents as Teachers (PAT) and Home Visits. ☎☎

US Recall News

www.usrecallnews.com

Website providing information about recalled products in the U.S. such as drugs, food, products, and toys; urgent recalls that identify products that pose an immediate threat to health and life; recalls list toys that pose lead-poisoning hazards and other health impacts or injury.

Valley Oak Children's Services

• 287 Rio Lindo Ave, Chico 895-3572
1-800-345-8627

Childcare referrals & community resource information, choosing child care information, toy and book lending library, childcare food program. Childcare provider recruitment and training, parenting workshops, assistance with child care payment for low income families. Centralized Eligibility List (CEL) for info on state-funded subsidized childcare service and preschool; behavioral health program that provides services to children in child care facilities. ☎☎

Volunteer Income Tax Assistance

Free tax preparation 895-4711 x121

assistance for low-to-middle income individuals, seniors, and families in Butte County; assistance with claiming tax credits.

Wings of Eagles 893-9231

The Joseph Alvarez Organization 570-5985
for Seriously Ill Children, Chico PO Box 4031

Financial assistance for families who have a seriously ill child with a life-threatening illness. Preference to pediatric cancer cases.

YMCA of Oroville 533-9622
1684 Robinson St, Oroville
After-school program for grade school. Youth sports, recreation and camp, youth fitness. Adult health and wellness programs.

Youth for Change 872-3896
6249 Skyway, Paradise
• **Paradise Ridge Family Resource Center**
Provides in-home family support, parent education, and case management for families on the Ridge.
• **Greater Oroville Family Resource Center**
1720 Daryl Porter Way, Oroville 533-1576
• **6th Street Drop-In Center** 894-8008
130 W. 6th Street, Chico
Services for ages 14-24 including counseling, tutoring, health evaluation, and birth control; meals, showers, employment search, and support connecting to community services; open M-F, 10:30am-5:45pm. ☺☹

Disability Services

(Also see 'Transportation' and 'Support Groups')

Ability First Sports Camp 588-0335
CSU Chico
Week-long live-in sports camp at Chico State for children age 8-17 with a physical disability. Scholarships available.

Addus Home Health Services 342-7248
936 Mangrove Ave, Chico 95926
Addus Healthcare 1-877-349-1539
Skilled nursing, home rehabilitation (physical, occupational, and speech therapy), congestive heart failure program, wound care, diabetes management, home health aid, mental health nursing, and social services provided in patient's own home; attendant registry for In-Home Supportive Services (IHSS) recipients and others to find care providers. ☺☹

ARC of Butte County 891-5865
2030 Park Ave, Chico 1-866-866-2132
Wide variety of services for people with developmental disabilities, including independent living skills, respite, day program, and support groups for families and caregivers.

Autism Lifespan
959 East Ave., Chico 897-0900
Provides a lending library, parent information packets, support groups, network for parents of children with autism. Support groups available for parents of children within the Autism Spectrum Disorder and for families of children with special needs (birth-age 5).

FOR UPDATES TO THIS DIRECTORY
VISIT WWW.HELPCENTRAL.ORG

Butte Community College – Disabled Student Program & Services 895-2455
Support services are provided at no cost to prospective or enrolled Butte College students with physical, developmental, or learning disabilities. Access Center offers adapted computer access with an array of assistive technology software and hardware tools. Open on a drop-in basis or courses for credit.

Butte County Council Of the Blind 893-8840
Referrals for products, assistive technology for library services; semi-regular meetings. Call for meeting times.

Butte County Dept. of Employment & Social Services
Adult Services 538-7883
24-hour Reporting Line 1-800-664-9774
Information or referrals for abuse or neglect of elderly or dependent adults; information and referral to community resources.

Butte County Dept of Employment & Social Services 538-7538 ext. 2
In Home Supportive Services (IHSS)
In-take, assessment, and case management for eligible aged, blind, and disabled who are unable to remain safely in their homes without assistance. Domestic and related chores, personal care, and paramedical services authorized by a physician. Maintains IHSS caregiver registry.

Butte County Public Guardian
78 Table Mountain Blvd, Oroville 538-7251
Conservatorships to safeguard the lives and property of those unable to care for themselves.

CSU Chico Accessibility Resource Center
400 W. First St, Chico 898-5959
Student Services Center Rm 170 CSU Chico
Coordinates services for students with permanent or temporary disabilities, including testing, specialized equipment, campus transportation, and educational assistance.

CSU Chico Autism Clinic 898-4298
400 W. First St, Chico Yolo Hall Rm 243
Offers diagnostic evaluations, assessment, goal setting and intervention, collaborative services with families and schools, programs and consultation services for education planning for individuals with Autism.

Deaf and Disabled Telecommunications Program 1-800-806-1191
www.adtp.org
California Relay Service
Provides telephone and communication relay service for deaf and hard of hearing, or speech disabled.

California Telephone Access Program (CTAP) Redding CTAP Service Center
2861 Churn Creek Rd., Redding
Provides telecommunication devices and equipment for deaf and hard of hearing, or speech disabled. 2nd Wednesday and 2nd Thursday of each month, 10 AM – 4 PM, excluding holidays.

Caminar 895-8017
825 #A Main St, Chico
Independent living, parenting, socialization, personal attendant, housing and supported employment services for individuals with a developmental disability. ☺

Caregivers Resource Center 898-5925
(PASSAGES)
25 Main St. Rm 202, Chico 1-800-822-0109
Services to families and caregivers of people with adult-onset/chronic/disabling brain diseases and disorders, including specialized information, counseling, respite care, and other services. ☺

Center for Communication Disorders CSUC, Chico 898-5871
Diagnostic evaluation of speech and language; therapy for disorders of articulation; language, voice, stuttering, and aural rehabilitation. Services are provided by graduate student clinicians and are supervised by certified speech and language pathologists. ☺

Chico Meals on Wheels 343-9147
Daily noon meals delivered in the greater Chico urban area to homes of the elderly/infirm who are shut-in by health, age, or disability.

Disability Rights California (Protection & Advocacy Inc.) 1-800-776-5746
1831 K. St, Sacramento
Legal advocacy program helps protect and advocate for the legal rights of people with disabilities.

Far Northern Regional Center
1377 E. Lassen Ave, Chico 895-8633
Assessment of needs for infants and toddlers with developmental disabilities, and referrals to community resources in a nine-county region.

Feather River Industries-WTC 534-1112
1811 Kusel Rd, Oroville
Vocational training for adults 18+ with developmental disabilities. Vocational evaluation & work services. ☺

Handi-Riders of Northern CA 533-5333
1391 Clark Rd, Oroville
Therapeutic horseback riding for the physically, developmentally and emotionally challenged. Serving Butte, Glenn and Tehama counties.

Home & Health Care Management
1398 Ridgewood Dr, Chico 343-0727
Personal care, assistance with bathing, personal hygiene and laundry, light housekeeping, relief for caregivers, transportation to medical appointments, help with meals, referral to support groups. ☺☹

Search for services in Butte County at your public library – sign up to use a computer and go to www.helpcentral.org

**Independent Living Services 893-8527
of Northern California 1-800-464-8527
1161 East Ave, Chico**

Provider referrals, housing referral, peer-advising information and referral, advocacy, independent living skills training, rental housing accessibility modification, and assistive technology for persons with any disability. ☺☺

National Dissemination Center for Children with Disabilities

**1825 Connecticut Ave, NW
Washington D.C., 20009 1-800-695-0285**

Information and help on specific disabilities ages birth to 22; early intervention for infants and toddlers, special education information, parent materials, disability organizations, professional associations, education rights, transition to adult life, and publications in English and Spanish. ☺

Northern CA Deaf & Hard-of-Hearing

**1521 Butte House Rd, B7, Yuba City
530-763-1537 TTY 1-530-740-7802**

Information and referral, communication and employment assistance, counseling, and support for deaf and hard-of-hearing people.

**Northern Valley Catholic Social Service 345-1600
1-800-339-8336
Hartford Place 345-2029**

2058 Hartford Dr, Chico
A 21-unit apartment building for individuals with developmental disabilities. ☺

Office of Clients' Rights Advocacy

1280 E. 9th #E, Chico 345-4113

Legal advocacy for the rights of people with developmental disabilities who are clients of Far Northern Regional Centers. ☺☺

**Paradise Meals on Wheels 877-8707
5858 Canyon View Dr, Paradise
P.O. Box 342**

Home-delivered meals to Paradise and Magalia residents who do not have access to adequate nutrition. ☺☺

R.A.D.- Recreation and Dreams For Children With life-threatening illnesses: Sponsored by Caring Choices 899-3873

1398 Ridgewood Dr, Chico 1-866-703-3873

R.A.D. is a program helping families of children facing life-threatening illnesses step out of their daily routine by providing low-cost/no-cost, bi-monthly recreational events, peer support & mentoring. R.A.D. accepts families of children 17 and younger with a life-threatening illness who are in treatment, recovery and remission. ☺☺

**Rowell Family Empowerment 899-8801
3075 Cohasset Rd. #2, Chico 888-263-1311
www.empoweryourfamily.org**

Disability information and referrals, support groups, special education, IEP conferences, disability awareness presentations, parent-to-parent, sibling, child support, and social activities for families of children with disabilities or special needs. ☺☺

**Shriners Hospital 916-920-4107
Ben Ali Temple, Sacramento**

Provides annual free screening clinics in Butte County for children to identify health conditions treatable by Shriners Hospital—birth defects, burns, disabling injuries, and disfiguring conditions and diseases are treated.

**Society for the Blind 1-916-452-8271
1238 S. Street, Sacramento**

Senior IMPACT project: 1-916-889-7586
Low-vision clinic in Sacramento. Store for assisted living products. Computer training, support groups, living skills instruction, referral services. ☺

Social Security Administration

• **1370 E Lassen Ave #150 1-866-964-7585**

• **115 Table Mtn Bl, Oroville 1-866-331-7130**

National Toll Free Line 1-800-772-1213

Social security retirement, survivors and disability benefits. Supplemental Security Income (SSI) aged, blind and disabled benefits. Medicare. ☺

**Special Olympics of Butte Co. 924-4291
976 Mangrove Ave, Chico**

Year-round program of athletic training and competition for individuals age 8 and older with disabilities. Stone.

State Department of Rehabilitation

470 Rio Lindo Ave #4, Chico 895-5507

Vocational testing, counseling, training and job placement assistance for individuals with disabilities. ☺

Work Training Center

2255 Fair St, Chico 343-7994

Vocational day programs, job placement, and recreation for adults with disabilities.

*Disaster Preparation &
Response/ Personal & Public
Safety*

Public Announcements During Disaster

www.kpay.com

Radio: KPAY-AM 1290

Paradise Radio: WPQY846-AM 1500

www.buttecounty.net

www.townofparadise.com

www.helpcentral.org

Call 2-1-1

American Red Cross 673-1460

North Eastern California Chapter

2125 East Onstott Rd, Yuba City

Low-cost CPR and First Aid classes; help provided to victims of disasters such as floods and fires, including emergency shelter, food and clothing, counseling, referral to other resources, safe- and well-family inquiries, communication services to Armed Forces members and their families, disaster preparedness information, and volunteer opportunities and training in 13 counties.

Bad Weather Shelters

Certain buildings may be designated as "warming centers" or "cooling centers" for vulnerable people who need relief from extreme temperatures. Please call 2-1-1, check www.helpcentral.org, or www.kpay.com for notification and listen to radio, KPAY1290 AM, and TV for public announcements on temporary shelter locations.

Butte County Dept. of Public Works

7 County Center Dr, Oroville 538-7492

• **Road Closures-** Weather related road closures and warnings are posted online. The list is periodically updated during storm events M-F 7:30 AM-5PM. www.buttecounty.net/PublicWorks

Butte County Fire Safe Council

5619 Black Olive Dr, Paradise 877-0984

Free home consultation and recommendations to make your home and property fire-safe by increasing defensible space and identifying fire hazards. Elderly, disabled or low income living within an area of high wildfire danger can receive financial assistance with thinning brush and limbing trees to reduce fire danger. Also operates the Butte County Public Safety Scanner, providing live updates on local wildfires.

**Butte County Public Health 538-7581
Health Warnings/ Information**

• Provides information and updates 538-2166 regarding public health threats and emerging pandemics; mutual aid and response in emergencies and disasters; disaster preparation.

• During temporary power outages, 538-7281 notices are issued to provide guidance for food safety and well water safety to residences that have lost electricity.

Butte County Office of Emergency

Management 538-7373

25 County Center Dr #200, Oroville

Disaster preparedness information to county residents; helps plan and coordinate the county's disaster response services for a large scale disaster such as fire, flood, earthquake.

Butte County Search and Rescue

PO Box 542

Volunteer opportunities and 895-6577 training for emergency and disaster response personnel.

Butte County Sheriff Public Safety

33 County Center Dr, Oroville 538-7321

• **Emergency Notification System Sign-up**

County residents can use an online signup system to register their e-mail address and cell phone numbers to receive notification of a local emergency event such as fire, flood, disaster.

• **At Risk Adult Directory** 538-7940

Registry for at risk adults, such as a person with Alzheimer's or dementia, who wanders or is lost. Designed to assist law enforcement to locate, identify, and safely return at risk adults.

• **Project Child Safe**

Any gun owner can obtain free gun locks from the Sheriff's office in Oroville, or the Magalia or Chico substations. ☺☺

- **Sheriff's Team of Active Retired Seniors**
S.T.A.R.S. Oroville 538-7820
S.T.A.R.S. Chico 891-2704
S.T.A.R.S. Magalia 872-6337
S.T.A.R.S. Gridley 846-4411

Daily home checks for citizens who are on vacation; senior volunteers work closely with law enforcement to prevent burglaries, assist with Neighborhood Watch, children's safety programs, and community events. Graffiti reporting line.

- **Neighborhood Watch** Oroville 538-7822
Crime prevention program Chico 895-6511 enlisting neighbors in cooperation with law enforcement to reduce crime in their communities; any neighborhood in Butte County can receive assistance.

- **Report suspicious drug activity:**
Chico 891-3124 Oroville 538-2261

- **Graffiti hotline:** 898-2003
<http://buttecounty.net/SheriffCoroner/Events.aspx>

- **Butte County Meth Strike Force**
www.2stopmeth.org 538-7822

Residents of Butte County can anonymously report suspected meth labs; use online form on the web site or call.

CALFIRE

- 176 Nelson Ave, Oroville 538-7111
Arson Reporting Hotline 1-800-468-4408

Emergency and disaster preparedness information and response; fire safety education and fire prevention; volunteer opportunities and training. Public information line and web site with updates on wildfires, containment, road closures, evacuations, shelters, and more. www.fire.ca.gov/

- **Caring Choices Disaster Response Center**
1398 Ridgewood Dr., Chico 866-703-3873

Provides assistance to county/city government or other disaster service organizations in area when needed. Trains and registers volunteers for disaster response. Interviews, processes and deploys volunteers from the community, processes incoming donations and disperses where the needs are greatest. © ®

Center for Fire Research & Outreach

- www.firecenter.berkeley.edu/toolkit
Homeowners can use the 510-643-0409 online Fire Information Engine Tool Kit to assess their risk of wildfire hazards and take steps to reduce fire damage to properties.

- **Chico Police Department** 897-4950
Crime prevention and personal safety education and programs.

- **CSU Chico Police Dept.** 898-5555

- R.A.D. (Rape Aggression Defense) is a free self-defense program for women, offered monthly to female students, faculty, and staff.
- Safe Place – Victim support services. Resources and referrals, prevention education and outreach, and crisis intervention at CSU, Chico.
- Campus Connection – Safety Escort 898-5555 (extension 5555 from any campus phone or use a Blue Light Phone located on campus)
Offers transportation in the CSU Chico campus area for students, faculty, and staff who are uncomfortable walking alone at night, 6pm-midnight every day when classes are in session.

- **Fire Works (The)** 534-0206
Help with replacement of furniture, referrals, appliances, and bedding items for fire victims.

- **Gridley Police Department** 846-5670
685 Kentucky Street, Gridley
24 hour gang & drug crime reporting 846-3795
Community crime prevention and child safety programs.

- **North Valley Animal Disaster Group**
PO Box 441 Hotline 1-530-895-0000
Information and assistance in the evacuation and sheltering of animals during a large disaster—fire, flood, tornado, earthquake, etc.; serving Butte County and northern California.

- **Oroville Police Department – Child Safety Programs** 538-2448
Child and youth safety and prevention programs; stranger danger information, drug and alcohol awareness, and gang prevention.

- **Paradise Police Department** 872-6241
5595 Black Olive Dr, Paradise
• Police TipLine 895-7611
Report suspected criminal activity in Paradise.
• Emergency & Disaster Services Information -- including evacuation information, emergency notification sign up, and disaster alerts.
• Community crime prevention and child safety programs.

- **Salvation Army** 1-800-SAL-ARMY
Short-term assistance with basic 342-2199 needs and supplies to disaster victims/survivors. Donations accepted.

- **Town of Paradise Emergency Notification System**
Residents can use an online signup system to register their e-mail address and cell phone numbers to receive notification of a local emergency event such as fire, flood, and disaster. Visit www.townofparadise.com for more information.



- **Barnes & Noble Story Time** 894-1494
2031 Dr Martin Luther King Pkwy, Chico
Free story time for children every Wed. and Sat. Call for times and ages.

- **Butte Community College** 895-2511
3536 Butte Campus Drive, Oroville
2320 Forest Avenue, Chico 895-2361
Low cost college courses for planned transfer to higher education, vocational preparation, personal enrichment, and programs for student and career success. Financial aid available.

- **EOPS (Extended Opportunity Programs and Services)** 895-2555
Education support services to low income or educationally disadvantaged students. Academic counseling, tutoring, book vouchers, food pantry, and child care payment assistance for Butte College students.

- **Butte County Library – Literacy and Reading Programs** 538-7198

1820 Mitchell Ave, Oroville
Adult literacy, reading and writing in English. K-6 literacy program in Oroville/Palermo area. Literacy Coach- travels throughout the county to preschools, low income housing complexes and other similar sites to bring services to children and their parents who have geographic, economic or language barriers. Early learning- Library Playtimes (children under age 3) and Babies Love Books (children under age 18 months) and their parents.

Call for locations and details. © ®

Butte County Office of Education

- **Afterschool Programs** 532-5686
1859 Bird St, Oroville
After-school programs at participating schools for students and families to extend learning opportunities – tutoring, mentoring, enrichment and various activities.

- **School Ties** 879-2328
3935 Morrow Ln, Chico
Educational services for homeless and foster youth and families, including school enrollment, tutoring, transportation and other support services.

- **Migrant Education** 532-5750
1870 Bird St, Oroville
Supplementary educational and support services to eligible migrant students and their families.

© ®

- **State Preschools** 532-5643
1870 Bird St, Oroville
Free education and socialization to young children in preparation for kindergarten readiness. Ages 3-5 from low-to-middle income families.

- **Butte County Regional Occupational Program (ROP)** 532-5866

1500 Lincoln St, Oroville
Employment training/education for high school students and adults in animal/vet science, registered dental assistant, and phlebotomy; career guidance.

- **Butte Literacy Council** 891-0137
P.O. Box 7064, Chico, 95927

Increase public awareness of local literacy resources and make efforts to improve literacy services.

- **CAVE- Community Action Volunteers in Education** 898-5817

Calif State University, Chico BMU309
Various programs for local community schools, children, senior citizens and others, including tutoring, mentoring, classroom assistance, English, reading, and writing skills.

- **Computers for Classrooms** 895-4175
Computers for Families

315 Huss Dr, Chico
Supplies low-cost computers and equipment to classrooms and families; also Spanish language computers and software.

CSU Chico Center for Regional and Continuing Education 898-6105

Credit and noncredit courses on a part-time or short-term basis for personal, academic or occupational development.

Four Winds Indian Education Center 2345 Fair St, Chico 895-4212

GED preparation for Native Americans, cultural classes, tobacco education & prevention, after-school programs, and obesity prevention.

E Center Head Start 2167B Montgomery St, Oroville 532-7564
564 Rio Lindo Ave #209, Chico 895-3588

No-cost early childhood care and education programs for qualifying families with preschool children in Butte County. Individualized learning plans for children and social services for families.

Oroville Adult Education – Career and Technical Center 2750 Mitchell Ave., Oroville 538-5350

Academic and vocational training for students of all ages through programs, classes, and community service. Career assessment and resume preparation, computer center open lab with low cost public Internet access. ⓈⓂ

Paradise Adult School 872-6424
622 Pearson, Paradise

Independent study to obtain high school diploma for students with special needs only, up to age 22.

Thermalito Family Involvement and Literacy Center 538-2950

2075 Poplar, Oroville
Preschool options at Poplar Ave. School for children ages 3 or 4. On-going enrollment. Also offers Parents as Teachers (PAT) and Home Visits. Service area is Thermalito. ⓈⓂ



Berry Creek Rancheria 534-3859
5 Tyme Way, Oroville

For members of the Concow Maidu tribes in Butte and Plumas counties. Wide variety of services such as housing, education, and health.

Butte County Dept of Behavioral Health
24 hour crisis line Adult 1-800-334-6622
24 hour crisis line Youth 1-800-371-4373

Crisis intervention services for mental health.

• **Crisis Stabilization Unit (CSU)** 891-2810
560 Cohasset Rd, Chico

Up to 23 hours of specialized services including crisis intervention and stabilization, emergency medication and nursing and mental health assessment.

Butte County Dept of Behavioral Health YOUTH SERVICES

Crisis Intervention toll free 1-800-371-4373

- **HERE Runaway Program** 891-2810
592 Rio Lindo Ave., Chico
- **Chico Community Counseling Center**

500 Cohasset Rd. #15 Chico 891-2945

• **Paradise Community Counseling Center**
5910-W Clark Rd., Paradise 872-6328

• **Oroville Community Counseling Center**
88 Table Mtn Blv Oroville 538-2158

• **Gridley Community Counseling Center**
995 Spruce, Gridley 846-7305

Health and treatment services to youth and their families at risk or currently suffering from some serious mental illness. Counseling, group therapy, testing, intervention.

ⓈⓂ

Butte County Dept. of Employment & Social Services (DESS) 1-877-410-8803

• **One Stop Employment Centers**
78 Table Mountain Blvd, Oroville 538-7301
2445 Carmichael Dr, Chico 895-4364

Cash aid, Medi-Cal, CalWorks, and CalFresh (food stamp) benefits for eligible families and people. Childcare benefits for people receiving CalWORKS cash aid and participating in Welfare-to-Work

programs or already employed. ⓈⓂ

• **Adult Protective Services** 1-800-664-9774
Reporting, investigation and protective 538-7883 services for abuse or neglect of elderly or dependent adults. ⓈⓂ

• **Children’s Services** 538-7617
Emergency response, 1-800-400-0902 court intervention, and investigation of child abuse and neglect. Intervention including counseling, parent education, foster placement, and respite care as necessary for family maintenance, family reunification, or permanent planning. ⓈⓂ

California Low Cost Auto Insurance
Low-cost liability insurance 1-866-602-8861
protection for income-eligible, good drivers.

CalFresh (Food Stamps)
Butte County Employment & Social Services
Eligibility and application: 1-877-410-8803
Or apply online at www.c4yourself.com
Center for Nutrition and Activity Promotion and OPT for Healthy Living 345-9749
1311 Mangrove Ave. Ste. E Chico
Information, pre-screening, and application assistance by appointment at OPT, Mondays 10-5.

Caring Choices Emergency Food Closet
1398 Ridgewood Drive, Chico 866-703-3873
Free food boxes for persons of all ages living with HIV/AIDS and other disabilities. ⓈⓂ

Caring Veterans 228-2412
2859 Carlene Pl, Chico
Provides food, clothing, basic needs, benefit information and other emergency services for homeless veterans. Monthly dinners on the 1st Saturday each month at 6 pm.

Catalyst 1-800-895-8476
330 Wall Street #50, Chico 343-7711
2185 Baldwin, Oroville 532-6427
For victims of domestic violence and their families. 24-hour crisis line, emergency shelter, food, counseling, legal assistance with restraining orders, resource and referrals, community education and training. Ⓢ

Catholic Ladies Relief Society 895-8331
1386 Longfellow Ave., Chico

Emergency assistance with food (Chico Community Food Locker), PGE utility bill, gas for vehicle, bus tickets (local and county), and non-narcotic prescription needs.

Cherokee House 534-3663
2041 Fogg Ave., Oroville

Food distributed every other Thursday at 3pm, must call first.

Community Action Agency of Butte Co. 370 Ryan Ave #124, Chico 712-2600

Offers transitional housing, food distribution,, childcare, senior services, utility assistance, referrals to other agencies for people in need.

• **North State Food Bank Monthly surplus food give-away and Tailgate Food Giveaway** at locations throughout Butte County – call 712-2600, option 2 for information on locations and dates.

• **HEAP (Home Energy Assistance Program)** Assists low income persons with paying one utility bill per year. Funding is available for PG&E, City of Biggs, and City of Gridley utility customers. Assistance with purchasing wood and propane is also available based on program funding levels.

Father’s House Church (The) 534-4140
Food Pantry

2833 Fort Wayne St., Oroville
Distributes food Fridays 1-2pm to those in need. Primarily for residents of South Oroville.

First Presbyterian Church - Gridley
Food Closet 846-5952

446 Kentucky, Gridley
Food distribution weekly on Thursdays from 10am-12noon for Gridley/ Biggs residents in need.

Greater Oroville Homeless Coalition
Emergency help for homeless. 538-8399

Assistance with housing and other emergency needs for homeless individuals and families. Message machine; calls returned in the evenings. Talk with a volunteer at the Hope Center Tuesdays and Thursdays, 9:30 am-12:30 pm.

Help for People
5533-A Skyway, Paradise 872-4357

Emergency groceries, referrals to social service agencies and vouchers for clothes for Paradise area residents and transients. T-Th 9am-4pm.

HERE Runaway Program 891-2810
564 Rio Lindo Ave, Chico 1-800-371-4373

24-hour crisis services for children, youth, and their families. Suicide-risk assessments, temporary shelter for runaway youth. Home Free Program for runaways, crisis counseling.

Hope Center (The) 538-8398
1950 Kitrick Ave, Bldg A, Oroville

Free food, clothing, personal grooming supplies, backpacks, and basic needs to the homeless and those in need. Free hot meals , Tues-Fri 10-11:30am, Sat 9:30-11am, Sun 4-5:30pm.

Jesus Center 345-2640

1297 Park Ave, Chico
Two free meals each day Mon-Sat: Breakfast 7:30-8:30am, Dinner M-F 3:00-4:30pm and Saturdays 2:30-3:30pm. Resource center for social service appointments and assistance. Drop-In Resource Center for computers and social services (by appointment) and quiet room with lending library. Bad weather shelter as needed. Mens' showers available Mon-Sat 7am-8:30am. Women's' showers Mon-Sat 1:30-3pm.

Sabbath House 899-9343
1297 Park Ave, Chico

Located at the Jesus Center, a secured sleeping area for women and children who are homeless or in crisis. Meals, beds and showers, community computer resource center.

House of Hope 345-2640
Housing for women and women and children transitioning out of homelessness.

Oroville Rescue Mission 533-9120
4250 Lincoln Blvd, Oroville

Overnight beds, showers, breakfast/lunch/dinner, food boxes for families with children, Bible classes, church service. Also live-in drug and alcohol recovery program. All services are FREE.

- Men's Shelter 534-9541
- Women's Shelter 533-0351
- Food Distribution - M, T, W 1-3 pm

New Life Church (The) 534-6816
10th and Grand, Thermalito

Food distributed 2nd Thursday each month, 10-11:30am for Thermalito residents. ID required.

Orchard Church- Church On The Street 342-7692

Serving a free meal and offering support to those in need on Sunday evenings, 6pm, at Chico downtown City Plaza.

Pacific Gas and Electric Company
Emergency/Customer Help 1-800-743-5000

Programs to assist in bill payment for low-moderate incomes as well as assistance for gas leaks/hazards.

Palermo Family Bible Church 533-2975
2570 N. Villa Ave, Palermo

Food distributed 3rd Thursday each month, 9-10am for Palermo residents. ID required. Free lunch program Thursdays 10am-12. No ID req. ☺

Paradise Ridge Family Resource Center 872-3896
6249 Skyway, Paradise

Family support, basic needs assistance, parent support, classes, resources and referrals. Food distribution Wed. 1-2pm, Fri. 1-3pm. ID, proof of residency and proof of income required.

Rape Crisis Intervention and Prevention Crisis Line 342-7273
2889 Cohasset #2, Chico 891-1331

Emergency help for sexual assault, ongoing no-cost counseling, support groups, and referral to other services. Volunteer training for hotline counselors and peer counselors. ☺

Sacred Heart Parish 846-2140

1560 Hazel St, Gridley
Food distribution Tuesday, Wednesday, and Thursday 10-11am for Biggs and Gridley residents.

Safely Surrendered Baby (Safe Haven for Abandoned Newborns)

- Enloe Hospital, Chico 332-7300
- Oroville Hospital 533-8500
- Feather River Hospital, Paradise 877-9361
- Biggs Gridley Memorial Hospital 846-5671
- Project Cuddle crisis line 888-628-3353
- Spanish Crisis Line 888-483-2323

To protect newborns from abandonment, a parent who is unable or unwilling to care for a newborn can legally, confidentially, and anonymously surrender their baby to the Emergency Room at a local hospital within 3 days of birth. ☺Ⓜ

Salvation Army

- 700 Broadway, Chico 342-2199
- 5796 Clark Rd #14, Paradise 872-1534
- 1640 Washington, Oroville 534-9558

Food, clothing, transportation, utility bill assistance, prescriptions, referrals and information; disaster relief. ☺

Seventh Day Adventist Church Community Services

- Chico 345-7777 or 342-7777
- Paradise 872-9548 or 877-4454
- Magalia 873-2513 or 873-0687
- Oroville 533-4461
- Yankee Hill clothing only: 533-3594

Provides emergency basic needs for those experiencing hardships. Food boxes, clothes, furniture, and referrals.

Shalom Free Clinic 518-8300

1190 E. First Ave, Chico
Congregational Church Bldg.

- Health Clinic & Meals - Free food buffet offered each Sunday 1-4pm during health clinic hours. Health care, screening, counseling, help with prescriptions.
- Thrift Shop 345-7056
250 E. 1st St, Chico
Low cost clothing, household items, and more. Mon-Sat 10am-6pm.

Sojourner's House on the Ridge (SHOR)

Overnight shelter for homeless 872-1162 in the Paradise Ridge area. Shelter operates Seasonally, Oct-Apr.

St Nicholas Episcopal Church 877-7076

5872 Oliver Rd, Paradise
Hot suppers Th, Lunches Tu&Sa; For qualifying individuals/families: supplemental food assistance twice a month, PG&E assistance up to \$20, bus passes for appointments; free clothing.

St. Thomas More Church 877-4501

767 Elliott Rd, Paradise
Food distribution Fridays 10:30am-12pm. Must apply first- just fill out a paper. Free lunches 12-1:30pm every Wednesday.

Torres Community Shelter 891-9048

101 Silver Dollar Way, Chico
Temporary shelter and support services for the homeless and those in danger of becoming homeless. Referrals to community services.

AA meeting Tues. 7-8 pm. ☺

Trinity Bible Church 533-6489

3115 Myers St, Oroville
Free lunch on Tu&W 10am-11:30am.

Wings of Eagles 893-9231

The Joseph Alvarez Organization 570-5985
for Seriously Ill Children, Chico PO Box 4031
Assistance with financial and emotional burden for families with a seriously ill child, with preference to pediatric cancer cases.

Youth for Change 894-8008

6th Street Drop in Center 130 6th Street, Chico
Services for ages 14-24 including counseling, tutoring, health evaluation, birth control, meals, showers, employment search, and support connecting to community services; open M-F, 10:30am-5:45pm.

Employment

Alliance for Workforce Development One Stop Employment Centers

245 Carmichael Dr, Chico 895-4364
78 Table Mountain Blvd, Oroville 538-7301
Assessment, training, and job referral for job seekers. Services offered for those unsure of their employment goals, looking to update their job skills, find a first job, or seek retraining after a business closure or lay off. Job-seeking skills workshops and on-the-job training. CalWorks and supportive services. ☺

Butte-Glenn Community College

3536 Butte Campus Dr, Oroville 895-2511
2320 Forest Ave, Chico 895-1352
Career & Employment Services 895-2340
Career planning and counseling, assistance for student Cal-Works recipients, vocational assessments and career exploration tools. Non-students can access career aptitude/ interest assessment tests.

Job Placement 895-2334
Job placement services, job development, job postings, and resume critiques.

☺Ⓜ

Butte County Dept of Employment and Social Services 1-877-410-8803

78 Table Mountain Blvd, Oroville 538-7301
2445 Carmichael Dr, Chico 895-4364
CalWorks Welfare to Work program; job search & employment-related services. Job listings, job placement assistance, higher education plans, vocational education, on the job training; support for child care, transportation, medical care. ☺Ⓜ

Butte County Regional Occupational Program (ROP) 532-5866

1500 Lincoln St, Oroville
Employment training/education for high school students and adults in animal/vet science, registered dental assistant, and phlebotomy; career guidance.

California Employment and Development Department (EDD) 538-2228

2348 Baldwin Ave, Oroville
Re-employment services for dislocated workers; job search workshops and trainings, CalJOBS resume database; unemployment insurance, state disability; employer services.

California Labor Commissioner 229-0565 225-2655

Redding office
24 hour FAQs and info on CA labor law, employee rights and fair employment policies. File unpaid wages or minimum wage claim, working conditions complaint, discrimination claim. ⓈⓂ

Caminar-Jobs Plus Program 343-4472

825-A Main St, Chico
Vocational services for individuals who have a disability. Job development, job placement, coaching, and vocational evaluation. Ⓢ

Earned Income Tax Credit- VITA (Volunteers in Tax Assistance)

Free income tax preparation and filing for the Earned Income Tax Credit (up to \$5000 tax credit for those who earned less than \$48,000). February through April.

E Experience Works

2445 Carmichael D, Chico 895-4672
2348 Baldwin, Oroville 538-2289
Employment services and training for unemployed seniors (55+) with little/no income. ⓈⓂ

Farmworker Services 899-0624

1249 Mangrove Ave, Chico
Vocational training for low-income dislocated agricultural workers and their dependents. Career workshops, job fairs, job preparation, job search assistance, and work experience.

Job Corps Center 916-394-0770

3100 Meadowview Rd, Sacramento
Job skills and employment training program for young adults. Free room and board while enrolled.

Oroville Adult Education – Career and Technical Center

2750 Mitchell Ave., Oroville 538-5350
Academic and vocational training for students of all ages through programs, classes, and community service. Job search assistance, computer center with low cost public Internet access. ⓈⓂ

State Disability Insurance

645 Salem St, Chico 800-480-3287
Spanish 866-658-8846
Wage benefits for eligible workers who are unable to work due to an illness or injury, or a medically disabling condition from pregnancy or childbirth. Walk-ins 8am-5pm, Monday-Friday. Ⓢ

State Dept of Rehabilitation 895-5507

470 Rio Lindo Ave #4, Chico
Vocational testing, counseling, training, job placement assistance for individuals with disabilities. Ⓢ

Work Training Center

2255 Fair St, Chico 343-7994
Supported employment for adults with disabilities; general community job placement services in Chico, Oroville, and Paradise.



Addus Home Health Services 342-7248
936 Mangrove Ave, Chico 566-0405
Addus Healthcare 1-877-349-1539

Skilled nursing, home rehabilitation (physical, occupational, and speech therapy), congestive heart failure program, wound care, diabetes management, home health aid, mental health nursing, and social services provided in patient's own home; attendant registry for In-Home Supportive Services (IHSS) recipients and others to find care providers. Ⓢ

Access for Infants and Mothers (AIM)

A.I.M. 1-800-433-2611
695 Oleander Ave, Chico 891-2732
Spanish/Hmong 1-800-339-2941

Low-cost health insurance for pregnant women, designed for middle-income families who don't have health insurance and whose income is too high to qualify for no-cost Medi-Cal. ⓈⓂ

Alzheimer's Association Of Northern

California 24 hr hotline: 1-800-272-3900
2105 Forest Ave #130, Chico 895-9661
Support groups, information and referral, care consultation, advocacy, counseling, help line. ⓈⓂ

American Cancer Society

• **Chico Branch**
1165 East Ave #100, Chico 342-4567
• **Oroville Branch** 533-7746
24 hour help line 1-800-227-2345

Information about cancer and its treatment; referral; support group; transportation to medical appointments; help with grooming. Also a scholarship program for cancer patients who are college-bound or college-enrolled cancer survivors. Conditions apply. ⓈⓂ

American Heart Association

2007 O Street, Sacramento 916-446-6505
Education on prevention and risk factors of heart disease and stroke; general info on types of heart attacks and stroke. Ⓢ

American Lung Association 345-5864

10 Landing Circle, #1, Chico
Online smoking cessation support; second-hand smoke information. www.lung.org/stop-smoking/
• **Freedom from Smoking Online**
http://ffsonline.org

• **Lung Association Lung Helpline**
RN's and RN therapists 1-800-586-4872
are available to answer questions about lung cancer, asthma, allergies, emphysema, quitting smoking, and environmental health.

Ampla Health Clinics (formerly Del Norte)

• **Oroville Family Health Center** 532-3423
2800 Lincoln St
• **Oroville Family Dentistry** 533-6468
2800 Lincoln Blvd
• **Chico Family Health Center** 342-4395
680 Cohasset Rd
Dental Health 342-6065

• **Gridley Family Health Center** 846-6231
520 Kentucky St
• **La Paloma Family Health Center** 846-3707
1574 Kirk Road, Gridley

Comprehensive medical care, immunizations, physical exams for adults and children, CHDP, family planning, breast and cervical cancer Early Detection Program, counseling services, and dental services. Sliding scale fees; HIV program in Oroville and Chico provides medical care and health education for people with HIV, including dental, mental health, nutrition counseling, and a support group in Oroville. Ⓢ Chico Ⓜ Oroville

Better Babies CPSP 894-5585

572 Rio Lindo Ave #207, Chico
Spanish 520-5093
Pregnancy testing, temporary Medi-Cal, prenatal vitamins, childbirth and breastfeeding classes, social services; help with breastfeeding. ⓈⓂ

Biggs-Gridley Memorial Hospital

240 Spruce, Gridley 846-5671
24-hour health care facility, including emergency room, family care center, lab services, physical therapy, acute care.

Birthright 345-9711

778 East Ave #D, Chico 1-800-550-4900
PO Box 104
Counseling, pregnancy tests, maternity/baby clothes, adoption referral, confidential support and encouragement. No abortion referrals. Ⓢ

Brain Injury Coalition 342-3118

441 Main St #10, Old Municipal Building, Chico
Resource information, referrals, and support groups for individuals recovering from brain injuries, disease, or debilitation. Survivors, families, and caregivers are welcome.

Butte College Student Health Clinic
Parking Lot 3C 895-2441
For Butte College students; no charge/ low cost medication, physicals, immunizations, lab work, x-rays, injuries, dermatology, birth control, pregnancy tests, HIV/STD screening, free therapy and more. ☺

Butte County Dept of Employment & Social Services-CMSP 1-877-410-8803
78 Table Mountain Blvd, Oroville
2445 Carmichael Dr, Chico
County Medical Services Program (CMSP) provides health care coverage for eligible, low-income residents who do not qualify for Medi-Cal; provides for the medical and dental care needs of individuals age 21-64 residing in a California rural county. ☺☺

Butte County Public Health Dept - Public Health Clinics
• **Oleander Clinic - Chico 891-2731**
695 Oleander Ave, Chico
• **Table Mountain Clinic – Oroville**
Community Employment Center 538-7341
78 Table Mountain Blvd, Oroville
Family planning services, birth control, teen health including STD and pregnancy prevention, breast cancer early detection, immunizations, tuberculosis testing, pre-employment physical exams, drug and alcohol screening, communicable disease screening and prevention. Free or low cost and confidential. M-F 8-5. ☺☺

• **Flu Info Line 1-866-444-2405**
Seasonal flu and pertussis (whooping cough) information; free and low-cost flu shot immunization clinic dates and locations. ☺☺

• **STD information line 1-877-783-4636**
Information and education for STD prevention and STD treatment.

Butte County Public Health Dept - HIV CARE Program 538-2078
Medical case management for HIV positive individuals in Butte and Glenn counties; community resource referral, health education, psychosocial services, assistance accessing HIV medical care, medical transportation, food vouchers; partner services including HIV testing.

Butte County Public Health Dept - AIDS Drug Assistance Program (ADAP) 538-2078
HIV/AIDS drugs for qualified HIV-positive individuals. ☺☺

Butte County Public Health Dept - Communicable Disease 891-2732
Oroville 538-2840 Chico 891-2732
Information on communicable diseases, including Hepatitis A, B or C. Perinatal Hepatitis B care for pregnant women. Also call if you or someone you know has been diagnosed with a communicable disease. ☺☺

Butte County Public Health Dept- California Children Services (CCS) 895-6546
2491 Carmichael Dr #400, Chico
Financial assistance with medical bills for children 0- 21 that have serious medical problems. Nursing/medical coordination of services, case management. Therapy services to medically eligible children. ☺☺

Butte County Public Health Dept (CHDP) Child Health & Disability Prevention 538-6222
82 Table Mountain Blvd #30, Oroville
CHDP links children/teens from low-to-moderate income families with health care providers for well child, school entry, camp or sports exams. Assists with referrals for diagnosis and treatment of identified problems. Call for a list of CHDP providers. ☺☺

Butte County Public Health Nurse Home Visits 538-7553
82 Table Mountain Blvd, Oroville 891-2732
695 Oleander Ave, Chico 1-800-339-2941
Nurses provide home visits to assist with and assess health needs, answer health questions, and help access low-cost no-cost services. Eligible are children, women, seniors, those with certain complex medical conditions, and those with certain risk factors. ☺☺

Butte County Public Health Dept - WIC Supplemental Food/ Nutrition Program 891-2767
2491 Carmichael Dr, Chico 538-7455
82 Table Mtn. Blvd, Oroville 891-2767
By appointment in Paradise 538-7455
By appointment in Gridley 538-7455
Nutrition education, breastfeeding education, supplemental food for pregnant or breastfeeding women, infants and children, free breastfeeding support- telephone consultations, in person, home visits.

Butte Home Health & Hospice 895-0462
10 Constitution, Chico 1-800-655-0462
Nursing, physical, occupational, and speech therapy, home health aide & chaplain home health and hospice. ☺☺

California Health Collaborative 345-2483
25 Jan Court #130, Chico
Breast and cervical cancer screening referrals for low income, uninsured or underinsured, as well as a program for education/intervention for women. ☺☺

CareNet Pregnancy Center of Paradise 876-1113
6189 Clark Rd, Paradise
Christian, pro-life pregnancy center to assist women to carry their unplanned pregnancies to term. Free and confidential pregnancy tests, counseling, incentive programs and classes on prenatal care. No abortion referrals.

Caring Choices Toll free 1-866-703-3873
1398 Ridgewood Dr, Chico 899-3873
•Support for HIV/AIDS patients including rental and utilities assistance and help for those applying for subsidized or free medication to treat HIV/AIDS; HIV emergency food closet available. ☺☺

Caring for Women Pregnancy Resource Center 532-9362
2362 Lincoln St, Oroville 533-8388
Free confidential services. Pregnancy test, information, help with maternity and baby clothes, referrals to local agencies. No abortion referrals.

Center for Breastfeeding Support Feather River Health Center 876-2500 x2801
5125 Skyway
Breastfeeding classes and support, home visits, postpartum depression screening, assistance with Medi-Cal recipients, free breast pumps and feeding equipment; Baby Steps parenting information classes on Tuesdays from 10-11:30 am.

Center for Fetal Alcohol Spectrum Disorder 894-2092
7 Commerce Court #130, Chico
Information and awareness of the dangers of alcohol for pregnant women. Diagnosis, recommendations for services, education, and information for the child, family, and/or caregivers and teachers; lending library, audio-visual aids, interactive CD's, and support group meetings.

Children's Health Center 332-6000
277 Cohasset Rd, Chico
CHDP provider, well-baby checks, immunizations, sick childcare visits, sport/camp physicals, teen physicals, specialist referrals. All insurances accepted, including Medi-Cal. ☺

Covered California 1-800-300-1506
www.coveredca.org
Compare and choose health insurance plans and obtain information about application assistance. This is the center for Californians enrolling in health insurance under the Affordable Care Act. Financial assistance is available on a sliding scale, with more support for those who earn less. This is the same application used for the new expanded Medi-Cal coverage.

Del Norte Health Clinics (see Ampla)

Enloe Home Care & Hospice 332-6060
1390 E. Lassen, Chico 332-6050
Home health, hospice, bereavement support. ☺☺

Enloe Medical Center 332-7300
1531 Esplanade, Chico
24-hour acute care hospital with a variety of patient care and diagnostic services, including emergency health services. ☺☺

Enloe Hospital Mother & Baby Care Center 332-3970

251 Cohasset #120, Chico
Classes, instruction and support for prepared childbirth, breastfeeding and lactation consultation, childbirth/delivery, newborn care, parent education on child development, infant massage and infant/toddler first aid and CPR. A babysitter training class is also offered. ☺☺

Family Assistance Network 891-2715
2415 Tom Polk Ave, Chico 1-800-449-9662
FOR MILITARY FAMILIES of all service branches. Provides information, referrals, resources, and support to service members and their families through all stages of deployment; includes health care, legal assistance, counseling, support meetings and more.

Feather River Health Center 872-2000
5125 H Skyway, Paradise
Basic health care, including primary care, behavioral health, cardiology, dental, OB/GYN, pediatrics, specialty services, urgent care, and urology. Call for appointment. ☺☺

Feather River Hospital 877-9361
5974 Pentz Rd, Paradise
24-hour acute care hospital with a variety of patient care and diagnostic services, including emergency health services. ☺☺

Feather River Outpatient Center
6283 Clark Road #4, Paradise 872-2436
X-rays, labs, mammograms, and ultrasounds.

Feather River Tribal Health Center
2145 Fifth Ave, Oroville 534-5394
A family resource center with outreach programs for Native Americans and others; medical, dental, behavioral health services, parenting classes. ☺

Gridley Medical Specialty Center
284 Spruce St, Gridley 846-9080
Basic health services for adults and children, WIC, educational material, pregnancy testing, vaccines. ☺

Healthy Mothers 876-2518
Feather River Health Center
5125 Skyway, Paradise
CPSP comprehensive prenatal program providing educational information, childbirth classes, nutrition counseling, vitamins, stress reduction, and support groups for expectant mothers and/or new parents from early in pregnancy through eight weeks postpartum; also pregnancy testing and emergency Medi-Cal for mothers who have no insurance coverage. Sweet Success program offers information and support for women with gestational diabetes; weekly parenting class on Thursdays from 10:30-2 pm. Please call 876-2518.

HICAP 1-800-434-0222
(Health Insurance Counseling & Advocacy)
25 Main St, Room 202, Chico 898-6716
Counselors help clients with Medicare, Medicare-approved drug discount cards, Medicare Supplemental Plans, Medicare appeals or denials, HMO's, government-assistance programs, long-term care options, rights. Home visits for homebound individuals.

IMPACT 1-800-409-8252
CA Department of Health Care Services
Provides free prostate cancer treatment to men with little or no health insurance. ☺

Legal Services Northern California
541 Normal Ave, Chico 1-888-354-4474
Health Reform & Health insurance counseling- Screening for eligibility for public health programs, information about state subsidized insurance options, managed care plans, grievances, and independent medical review. Free and confidential. Assistance with all types of health plans and outreach and education about health insurance reform. Calls taken Monday-Friday from 8:30-12, and 1-5.

Magalia-Pines Family Medical Clinic
14662 Skyway, Magalia 873-1676
Family-rural health clinic for routine health care. Medi-Cal and Medicare accepted.

Medi-Cal – See "Covered California"
Mobile Dental Clinic 520-6913
Free full-service dental clinic serving children under age 6 and pregnant women who do not have a dentist.

Mother to Baby California
Over-the-phone and email 1-866-626-6847
information about prescription and non-prescription medications, vaccines, drug use, infectious diseases, and chemicals that may be harmful to unborn or breastfed babies. ☺

Northern California Dental Society
100 Rio St, Red Bluff, 96080 527-6764
Dental referrals for residents of Northern CA.

Northern Valley Indian Health 896-9400
845 West East Ave, Chico
Medical, dental, and outreach services.

OPT For Healthy Living 345-0678
1311-E Mangrove, Chico
Family based nutrition education program provides cooking classes, nutrition counseling, medical nutrition therapy, nutrition education activities. Also children's summer camp. ☺

Option Care
Walgreens, Chico 893-1337
Home infusion (intravenous) therapy and training for patients and caregivers. Supplies and equipment. ☺

Oroville Hospital
2767 Olive Hwy, Oroville 533-8500
24-hour acute care hospital with a variety of patient care and diagnostic services, including emergency health services. ☺☺

Paradise Hospice 877-8755
1289 Billie Rd, Paradise
Provides in-home nursing for the terminally ill; inpatient facility with six private rooms for residents in need of hospice care.

Peg Taylor Center for Adult Day Health Care
124 Parmac, Chico 342-2345
Help for older and younger adults with serious health problems to maintain independence as long as possible and delay the need for nursing home placement. Supportive health care, social work, activity programs, and adult day health care. Specialized services for clients with Alzheimer's disease, memory loss, and related disorders. ☺

Planned Parenthood 342-8367
3100 Cohasset, Chico 1-800-230-7526
Birth control /emergency contraception, STD testing and treatment, pap tests, mid-life services, pregnancy testing, HIV screening, abortion, male sterilization, dysplasia services (Colposcopy), health education programs, trilingual staff, Medi-Cal welcome. Limited family planning services in Paradise, Willows, and Orland. ☺☺

Samaritan Free Clinic 876-0151
Luther Hall, 780 Luther Drive, Paradise
Free basic medical care and mental health counseling to low income, uninsured and under-insured persons. Smoking cessation, medication management, blood pressure control, health screenings, health education, drug/alcohol intervention, prescriptions, medications. All ages, no appointment necessary. Sundays 2-4pm.

Stonewall Alliance Center 893-3336
358 East 6th St., Chico
Free and confidential HIV testing Tuesdays 4-6pm and 1st Saturday each month, 10am-12pm. No appointment needed.

Shalom Free Clinic 518-8300
1190 E. First Ave, Chico
Congregational Church Bldg.
Health screenings and education, primary care interventions, blood pressure control, prescription payment assistance; free drug and alcohol intervention, mental and behavioral health counseling, and referrals Sundays 1-4. Dental care on 1st Sundays by appointment only. ☺☺

Shriners Hospital 916-920-4107
Ben Ali Temple, Sacramento
Provides annual free screening clinics in Butte County for children to identify health conditions treatable by Shriners Hospital—birth defects, burns, disabling injuries, and disfiguring conditions and diseases are treated.

Sutter North Home Health and Hospice
826 4th St., Marysville 749-3460
Provides in-home care; 1-800-690-9920 serves specific areas of Butte County.

Text4baby Text "BABY" to 511411
Pregnant and new moms sign up to receive cell phone text messages about healthy pregnancy and new baby care. www.text4baby.org

Veteran's Outpatient Clinic 879-5000
280 Cohasset Rd, Chico 1-800-382-8387
Well-care services, physicals, prescriptions,
referrals, medication refills by mail.

Women's Health Specialists 891-1911
1469 Humboldt Rd #200, Chico
Spanish: 1-800-714-8151

Well Woman health care: annual exams,
counseling and treatment for common health
concerns; all methods of birth control for women;
free pregnancy test and morning-after pill without
age restrictions; STD education, screening, and
treatment for women and men; full scope abortion
services; information and adoption services. ☺

Women's Resource Clinic 897-6101
115 W. 2nd Ave, Chico 24hr: 897-6100

Free pregnancy testing, confidential consultation,
faith-based education on birth options, adoption
and parenting; free ultrasounds; physician and
community referrals for prenatal care; support
groups. No abortion referrals.

• **Earn While You Learn**

Free parenting program beginning Aug 1,
2012. Call to schedule an appointment.

Housing

*(Also see 'Emergency Social Services'
for emergency shelter needs)*

American Lung Association 345-5864
10 Landing Circle, Suite 1, Chico
Smoke-free apartment resources for tenants and
landlords.

**City of Chico Housing and
Neighborhood Services**
441 Main St, 3rd Floor, Chico 879-6300
Affordable housing database and listing of low
income rental housing. Sewer connection
assistance for single family residences in
incorporated city of Chico.

City of Oroville – Housing Office
1735 Montgomery St, Oroville 538-2495
Help with essential repairs to eliminate hazards.

Community Action Agency of Butte Co.
2255 Del Oro Ave, Oroville 712-2600 x1
Housing rehabilitation, weatherization, and utility
assistance for low-income people.

• **Esplanade House** 891-2977
181 E. Shasta Ave, Chico
Transitional living units for up to 36 months for
adults with children under 18. Comprehensive
case management is provided to help clients
become self-sufficient and reduce the risk of
future homelessness. Waiting period--call for
information. ☺

**Community Housing Improvement
Program (CHIP)** 891-6931
1001 Willow St, Chico
Low-income apartment rentals, home purchase
loans, homebuyer counseling, credit counseling
and repair; build your own house through Self-
Help Housing Program. ☺

CLIC (Community Legal Information Center)
25 Main St, Chico 898-4354
Help with housing problems: evictions,
discrimination, leases and rental agreements,
uninhabitable dwellings, and security deposit
problems to landlords and tenants.

Greater Oroville Homeless Coalition 538-8399
Emergency help for homeless.
Assistance with housing and other emergency
needs for homeless individuals and families.
Message machine; calls returned in the evenings.
Talk with a volunteer at the Hope Center
Tuesdays and Thursdays, 9:30 am-12:30 pm.

Habitat for Humanity of Butte County
220 Meyers Ave, Chico
Restore - 895-1271 Office - 343-7423
Discount home-building supplies available to the
public at Restore; opportunity for homebuilding
and home repair programs for qualifying families.

Hartford Place 345-2029
2058 Hartford Dr, Chico
Northern Valley Catholic 345-1600
Social Service 1-800-339-8336
A 21-unit apartment building for individuals with
developmental disabilities. ☺

Housing Authority of Butte County
2039 Forest Ave, Chico 895-4474
850 East Gridley Road, Gridley 846-3640
Toll Free 1-800-564-2999
Housing assistance and referrals for low to
moderate income, including Section 8 housing.
Family Self-Sufficiency housing and finances
program. ☺

Keep Your Home California
CA Housing Finance Agency 888-954-KEEP
www.KeepYourHomeCalifornia.com
Programs to help homeowners avoid foreclosure—
mortgage payment assistance, principal reduction,
housing transition assistance. For low- and
moderate- income homeowners who are at risk of
foreclosure.

Legal Services of Northern California
541 Normal St, Chico 345-9491
Legal assistance is provided 1-800-345-9491
for a range of legal problems, including housing
rights, foreclosure prevention, credit card debt,
obtaining benefits, abuse, consumer fraud, senior
issues, health reform and health insurance. ☺

HelpCentral.org

DISCLAIMER: No representations are made
about the quality of the services listed. Consumers
of services are responsible for determining the
appropriateness, effectiveness, and actual costs of
services before making use of them.

Mechoopda Indian Tribe 1-800-472-9188
125 Mission Ranch Blvd, Chico 899-8922
Down Payment Assistance, Housing Rehabilitation
and Renovation Assistance, Tenant and Student-
Based Rental Assistance, and a Lease to Own
Homeownership Program. Provided to low-income
Indian families in the area of the Mechoopda
Indian Tribe.

Town of Paradise 872-6291 x122
5555 Skyway, Paradise
Deferred, low-interest loans to eligible first-time
home buyers. Housing rehabilitation program:
deferred, low-interest loans to eligible home-
owners who are in need of home repairs.

Legal Information/ Library

Better Business Bureau 1-916-443-6813
3075 Beacon Boulevard, Sacramento
Resolves marketplace disputes between
consumers and businesses. Services include fraud
investigation and documentation of consumer
complaints against businesses. ☺

Butte County Probation 538-7661
42 County Center Drive, Oroville
Supervision, case management and referrals to
community services for adult felons and juvenile
offenders who are released into the community.

**Butte County Dept of Child Support
Services** 1-866-901-3212
78 Table Mountain, Oroville
Child support services at no cost include
establishing paternity, locating non-custodial
parents, obtaining child and medical support
orders, and collecting support payments. ☺

Butte County District Attorney 538-7411
25 County Center Dr. #245, Oroville
Fraud Hotline 1-866-323-7283
Responsible for prosecuting felony and
misdemeanor offenses, enforcing child support
laws, investigating allegations of fraud, organized
crime, corruption, & unlawful conduct by public
officials.

• **Drug Endangered Children** 538-2261
Citizens, who know of children living with known
drug makers, distributors or users, or in a
suspected drug lab, may report their suspicion to
the Drug Endangered Children team.

• **Victim/Witness** 538-7340
Assistance to victims of crime, referrals, court
support, liaison with law enforcement, assist with
application for financial loss due to violent crime.
☺

Butte County Public Law Library
1675 Montgomery St, Oroville 538-7122
Public legal resource. Detailed materials covering
all aspects of California law. Local county rules
and court forms included. Photocopier and
Internet access. Self-representation assistance. ☺

Butte County Library

- Biggs – 464A B St, 868-5724
- Chico - 1108 Sherman Ave 891-2762
- Durham – 2545 Durham-Dayton 879-3835
- Gridley – 299 Spruce St 846-3323
- Paradise – 5922 Clark Rd 872-6320
- Oroville – 1820 Mitchell Ave 538-7641

Multiple library services at each branch, including books on tape, computers with Internet access, children's programs – storytime/playtime and games, literacy programs, videos, books by mail, and book mobile services.

Butte County Public Administrator

78 Table Mtn Blvd, Oroville 538-7251

Administers the estates of County residents who die without a will or family in California, and administers the County's Indigent Burial program.

Butte County Public Guardian

78 Table Mountain, Oroville 538-7251

Conservatorships to safeguard the lives and property of those unable to care for themselves and having no family available or able to assist.

Butte County Superior Court

• **Butte County Courthouse 532-7002**

1 Court St, Oroville

• **Chico Courthouse 532-7002**

655 Oleander, Chico

Family Law (Family Support), Small Claims, Civil Harassments, Unlawful Detainers, Juvenile Law, Appeals, Traffic, Infractions, Misdemeanors, and Felonies.

Catalyst Domestic Violence Services

330 Wall St. #50, Chico 1-800-895-8476

2185 Baldwin, Oroville 343-7711

Workshops and help with temporary **532-6427**

restraining orders. ☺

CLIC (Community Legal Information Center)

25 Main St, Chico 898-4354

A free legal clinic providing legal information and referrals to attorneys and other agencies.

Individual assistance to the public is available in 12 specialized areas of law. ☺

Disability Rights California (Protection & Advocacy Inc.)

1-800-776-5746

1831 K. St. Sacramento

Legal advocacy program helps protect and advocate for the legal rights of people with disabilities.

Family Assistance Network

891-2715

2415 Tom Polk Ave, Chico 1-800-449-9662

FOR MILITARY FAMILIES of all service branches.

Provides information, referrals, resources, and support to service members and their families through all stages of deployment; includes health care, legal assistance, counseling, support meetings and more.

Family Law Facilitator's Office

• **655 Oleander, Chico 532-7024**

• **1675 Montgomery St., Oroville 532-7004**

532-7015

Assists with self-representation in family law cases involving children. Divorce, child/spousal support, custody, paternity, daycare expenses.

Legal Services of Northern California

541 Normal St, Chico 345-9491

1-800-345-9491

Legal assistance is provided for a range of legal problems, including housing rights, foreclosure prevention, credit card debt, obtaining benefits, abuse, consumer fraud, senior issues. ☺

Northern Valley Catholic

345-1600

Social Service 1-800-339-8336

10 Independence Circle, Chico

205 Mira Loma Dr, Suite 10, Oroville

• **Court Appointed Special Advocates (CASA)**

Advocacy for appropriate services for the child and their family members, and monitoring of the child's case in court.

Office of Clients' Rights Advocacy

1280 E. 9th St., Suite E, Chico 345-4113

Legal advocacy for the rights of people with developmental disabilities who are clients of Far

Northern Regional Centers. ☺☺

Office of Victim and Survivor Services

Sacramento Toll free (877)256-6877

Assistance for victims of crimes committed by juveniles, including notification of parole, restitution support, counseling, restraining orders.

Self Help & Referral Program (SHARP)

• **655 Oleander, Chico 532-7024**

• **1675 Montgomery St., Oroville 532-7004**

Assists with self-representation litigation in court cases and in finalizing divorce; Orders to Show Cause, Notice of Motion, Change of Venue Motions, domestic violence orders, harassment, tenant landlord problems. ☺

Starting Over Strong: Partners for

Formerly Incarcerated People 867-3296

www.startingoverstrong.com

Resources and support for released inmates transitioning back to the community.

Expungement workshops and links to local resources for housing, education and employment, 12 step programs, basic needs, legal services, support groups and more.

Recreation

Boy Scouts of America

345-7052

Golden Empire Council

1311 Mangrove Ave #A, Chico

Outdoor programs for youth, resident camping, character building for boys age 7-21; girls 14-21

(Venture Program). ☺

Boys and Girls Club

• **601 Wall St, Chico 899-0335**

• **6241 Skyway, Paradise 872-3662**

• **2959 Lower Wyandotte Rd, Oroville**

Southside Community Center 533-3067

Youth enrichment and development programs for ages 6-18; sports, arts, health, education, leadership, life skills, and career goals. Homework help, computer lab, camps, teen center.

☺☺ (In Oroville)

Butte County Farm, Home 538-7201

and 4-H Advisors

2279B Del Oro Ave, Oroville

Learn by doing educational program for youth age K-19 emphasizing animal and livestock sciences, citizenship, community service, and leadership development; nutrition resources to teachers preschool-12th grades. ☺☺

• **Master Gardener Program**

Offers information to the local community about gardening and yard work; free of charge.

Chico Area Recreation and Park District

545 Vallombrosa Ave, Chico 895-4711

Year-round programs for babies/toddlers, children, adults, and seniors. Sports and leisure activities, after-school programs for school-age children, field trips, community events, facility rentals.

City of Gridley Recreation 846-3264

685 Kentucky St, Gridley

Community playgroups for parents and children of all ages; tiny tots kindergarten readiness program; youth and adult league sports; senior nutrition program; public pool and Skate Park.

Durham Recreation and Park District

9447 Midway, Durham 345-1921

Sports and recreation activities. Park, playground and pool. Preschool and after-school programs, spring break and summer camp K-6th grade. Sports and recreation for youth.

Do It Leisure

343-6055

2233 Fair St, Chico

Therapeutic recreation, independent living skills, and specialized recreation events/programs for the developmentally-disabled.

Feather River Recreation

533-2011

And Parks District

1875 Feather River Blvd., Oroville

Summer day camp, swim lessons, open swim, dance classes, First Aid & CPR, youth and adult sports, educational, art and fitness classes, senior programs, special events, parks, and facility rentals.

Girl Scouts of Northern CA

343-1904

50 Landing Circle, Chico

Ongoing programs for girls age 5-17 through values-based program, recreation, fun, and friendship. Also offer after-school programs. Office open by appointment only.

Handi-Riders of Northern CA 533-5333

1391 Clark Rd., Oroville

Therapeutic horseback riding for physically, developmentally and emotionally challenged, special needs children and adults.

Paradise Recreation and

872-6393

Park District

6626 Skyway, Paradise

Recreation programs for all ages. Community Center, parks, swimming pool, nature trail, ball parks, tot lots, kids fishing pond, gazebo, picnic areas, horse arena, archery range, dog park.

R.A.D. - Recreation and Dreams for Children
With life-threatening illnesses: Sponsored
by Caring Choices 899-3873
1398 Ridgewood Dr, Chico 1-866-703-3873
 R.A.D. is a program helping families of children facing life-threatening illnesses step out of their daily routine by providing low-cost/no-cost, bi-monthly recreational events, peer support & mentoring. R.A.D. accepts families of children 17 and younger with a life-threatening illness who are in treatment, recovery and remission. ☺☺

YMCA - Oroville 533-9622
1684 Robinson, Oroville
 Recreational, youth sports, after-school programs, resident camp, swimming pool, adult fitness, teen program.

Seniors/ Older Adults

AARP Mature Driver Program
Lakeside Pavilion 2565 Cal. Pk. Dr., Chico
895-4711
 Low cost refresher course for drivers aged 50+. Completion certification is good for 3 years and provides insurance discounts to most companies.

Accent Care 824-1799
618 Fourth St., Corning 1-800-877-9069
 Full-service home health agency providing skilled nursing care, home rehabilitation, mental health services, diabetes management, wound care, respiratory care, therapy and other home health services. ☺

Addus Home Health Services 342-7248
936 Mangrove Ave, Chico 95926 566-0405
Addus Healthcare 1-877-349-1539
 Skilled nursing, home rehabilitation (physical, occupational, and speech therapy), congestive heart failure program, wound care, diabetes management, home health aid, mental health nursing, and social services provided in patient's own home; attendant registry for In-Home Supportive Services (IHSS) recipients and others to find care providers. ☺

Alzheimer's Association of Northern California 24 hr hotline: 1-800-272-3900
2105 Forest Ave. #130, Chico 895-9661
 Support groups, info/referral, advocacy, care consultation, help line, caregiver training. ☺☺

Arthritis Foundation of Northeastern California 1-916-358-5599
Berry Creek Grange 589-2695
1477 Bald Rock Rd
 Provides information on arthritis and exercise classes for individuals with arthritis. Classes M&Th in Berry Creek concentrate on joint movement and general health.

Search online for helpful services at
www.helpcentral.org or Call 2-1-1

Butte County Council of the Blind
819 Colusa St, Chico 893-8840
 Referrals for products, assistive technology for library services; semi-regular meetings. Call for meeting dates, times and locations.

Butte County Dept of Employment & Social Services 538-6709
Adult Services Crisis 1-800-664-9774
 Info/referral for abuse or neglect of elderly or dependent adults.

Butte County Dept of Employment & Social Services 538-7883
In Home Supportive Services (IHSS)
TDD: 538-5045 Phone: 538-5262
 Assistance to eligible aged, blind, and disabled who are unable to remain safely in their homes without human assistance. Services include domestic and related chores, personal care, and paramedical services authorized by a physician. Maintains IHSS caregiver registry.

Butte County Fire Safe Council
5619 Black Olive Dr, Paradise 877-0984
 On-site visits to offer recommendations to make your home and property fire-safe by increasing defensible space and identifying fire hazards. Special assistance for residents over age 65, disabled, and financially disadvantaged. Also operates the Butte County Public Safety Scanner providing live updates on local wildfires.

Butte Home Health & Hospice 895-0462
10 Constitution, Chico 1-800-655-0462
 Nursing, physical, occupational, speech therapy, home health aides, and hospice. ☺☺

CARD Senior Program 895-4015
Lakeside Pavilion 2565 Cal. Pk. Dr, Chico
 Senior-oriented classes; educational and recreational activities; income tax assistance; limited health services.

Caregivers Resource Center 898-5925
PASSAGES 1-800-822-0109
25 Main St Rm 202, Chico
 Counseling, family consultation, respite care, support groups, legal consultation, education events, info/referral for families and individuals caring for adults (age 18+) with brain impairments such as Alzheimer's, stroke, and head injury as well as other conditions. ☺

Chico Meals on Wheels 343-9147
PO Box 1662, Chico
 Daily noon meals delivered in the greater Chico urban area to homes of the elderly/infirm who are shut-in by health, age, or disability.

Community Action Agency of Butte Co.
2255 Del Oro Ave, Oroville 712-2600 x3
Senior Nutrition Program— Home-delivered meals for homebound eligible.

Community Action Volunteers in Education (CAVE) 898-5817
 Provides friendly visiting and social interaction to seniors, including those in convalescent homes.

Community Care Options 894-2114
2580 Sierra Sunrise Terrace #120, Chico
 Senior placement & referral services for assisted living & independent senior living; free to families.

Dorothy Johnson Neighborhood Center
775 East 16th St, Chico 895-4707
 Activities, dances, computer classes, fitness, and legal assistance. ☺☺

Enloe HomeCare and Hospice 332-6086
1390 East Lassen Ave #6, Chico
Homecare 332-6050 Hospice 332-6060
 Integrated network of homecare, hospice, wound care, and home medical equipment. ☺☺

Experience Works
2445 Carmichael, Chico 895-4672
2348 Baldwin, Oroville 538-2289
 Employment services and training for unemployed seniors (55+) with little/no income. ☺☺

Feather River Senior Citizens Center
1335 Myers St, Oroville 533-8370
 Provides a variety of social services, programs and activities for seniors in the Oroville area, including Bingo.

Gleaners Food Distribution
 • **Chico** Membership/monthly fee 895-3006
 • **Paradise** 892-0637
 • **Oroville** Membership/monthly fee 533-4346
 • **Gridley** Membership/monthly fee 846-4233
 Food for older adults. Call your area for more info.

HICAP 898-6716 1-800-434-0222
(Health Insurance Counseling & Advocacy)
25 Main St., Room 202, Chico
 Counselors help clients with Medicare, Medicare-approved drug discount cards, Medicare Supplemental Plans, Medicare appeals or denials, HMO's, government-assistance programs, long-term care options, rights. Home visits for homebound individuals.

Hmong Cultural Center 534-7474
Zoosiab Program
 Support for Hmong elders to alleviate the impact of historical trauma. Recreational activities, health education and prevention, mental health and cultural transition support. ☺

Home & Health Care Management
1398 Ridgewood Dr, Chico 343-0727
 In-home nursing and help with daily living activities (meals, bathing, housekeeping, transportation, laundry). ☺☺

Meals on Wheels—Paradise 877-8707
5974 Pentz Road, Paradise
P.O. Box 342
 Home-delivered meals to Paradise and Magalia residents who do not have access to adequate nutrition. ☺☺

Paradise Hospice 877-8755

1289 Billie Rd, Paradise

Provides in-home nursing for the terminally ill; inpatient facility with six private rooms for residents in need of hospice care..

Paradise Ridge Senior Center 877-1733

877 Nunneley Rd, Paradise

Provides a variety of Social Services, programs and activities to seniors in the Paradise area.

Passages Adult Resource Center

25 Main St, Chico

898-5923

Toll free 1-800-822-0109

Information and assistance, advocacy, care coordination, caregiver support, in-home support services, bill paying assistance, professional and consumer training in order to promote independent living for seniors (65+). Referrals provided for the disabled.

• **Connections** 898-6525

Provides counseling and support to older adults (60+) who want/need help with emotional issues.

• **HICAP (Health Insurance)** 898-6716

Help seniors and disabled persons with health care coverage, including Medicare and Medi-Cal.

• **Multipurpose Senior Services** 898-5082

Wide range of services to keep elderly Medi-Cal patients in the comfort of their own home.

• **Ombudsman** 898-5923

Investigation of complaints and concerns of residents of skilled nursing homes, residential care facilities, and adult-day health-care centers.

Peg Taylor Center for Adult Day Health Care

124 Parmac Rd, Chico

342-2345

Adult-day health care for adults with serious health problems. Nursing care, therapies, care management, activities, daily meal. Specialized services for clients with Alzheimer's disease, memory loss, and related disorders. ☺

Senior Center Without Walls

Activities, support and 1-877-797-7299

community groups that meet over the phone for home-bound seniors in California.

Social Security Administration

• 1370 E Lassen Ave #150 1-866-964-7585

• 115 Table Mtn Bl, Oroville 1-866-331-7130

• National Toll Free Line 1-800-772-1213

Social security retirement, survivors and disability benefits. Supplemental Security Income (SSI) aged, blind and disabled benefits. Medicare. ☺

Support Groups

Adoption Services-State of Calif.

520 Cohasset Rd. #140, Chico 895-6143

Support groups and adoption services for adoptive parents and families. ☺

• **Sierra Forever Families** 879-3861

Alcoholics Anonymous

• Chico • Orland • Willows 342-5756

• Oroville • Gridley

Fellowship to attain and maintain sobriety; also groups for Spanish speakers, teens, Moms, friends and family. ☺

Al-Anon & ALAteen

1-888-425-2666

Support for any individual who has 334-6734

been affected by alcohol use. Call for next meeting time in your area.

ALS (Lou Gehrig's disease) Association

Greater Sacramento Chapter

2717 Cottage Way #17, Sacramento

Education, information, (916) 979-9265

support groups, and clinical care for ALS patients

and their families. ☺

Alzheimer's Support Group 895-9661

24 hr. hotline: 1-800-272-3900

Meetings in Paradise, Chico and Oroville for patients, caregivers, friends or family of persons suffering from Alzheimer's or a related disorder.

• **Chico** 116 Henshaw Ave. 895-9661

Meets 3rd Thursday each month, 2-4 pm.

• **Oroville** 2145 5th Ave. 895-9661

Meets 3rd Wednesday each month, 2-4 pm.

• **Paradise** 5665 Scottwood Rd. 895-9661

Meets 2nd Wednesday each month, 2-4 pm.

American Cancer Society

24 hour help line 1-800-227-2345

• **Chico Branch**

1165 East Ave. #100

342-8365

• **Oroville Branch**

533-7746

• **Reach to Recovery and Man to Man**

Breast cancer and prostate cancer support groups in Chico and Paradise.

• **I Can Cope**

Telephone classes and online classes offering support and education for cancer patients and their caregivers.

• **Look Good...Feel Better**

Make-up & skin care, wigs and hairpieces; transportation to local treatment centers; dressings, lap rugs, and educational material in

Chico and Paradise. ☺☺

American Lung

Association

1-916-554-5864

10 Landing Circle, Suite 1, Chico 345-5864

Better Breathers support for lung disease.

<http://www.lung.org/associations/states/california/>

American Lung Association cont.

• **Lung Association Lung Helpline**

RN's and RN therapists are 1-800-586-4872

available to answer questions about lung cancer, asthma, allergies, emphysema, quitting smoking, and environmental health.

• **Freedom from Smoking Online**

<http://ffsonline.org>

A.W.A.K.E. Support Group 332-3117

1390 E. Lassen Ave., Chico

Education and support group for people affected by sleep apnea. Information and tips for overcoming sleep problems are shared by professionals and peers.

Autism Lifespan

897-0900

959 East Ave., Chico

Support groups for parents of children with Autism Spectrum Disorder; and for families of children with special needs (birth-5). Lending library, parent information packets.

Bereavement Support Group 332-3180

Enloe Hospital

Free eight-week program offered four to five times a year to assist people with the grieving process.

Please call for more information. ☺☺

Bereaved Parents USA Chico Chapter

The Chico Chapter is currently 894-7025

not holding meetings, a chapter leader is available for contact and support at the above number.

Brain Injury Coalition 342-3118

441 Main St #10, Old Municipal Bldg, Chico

Provides support group meetings as well as resource information and referrals for individuals recovering from brain injuries, disease, or debilitation. Survivors, families, and caregivers are welcome.

Breathe Easier-Asthma Ed. 332-6898

Enloe Hospital, Chico

Educational program and informational support for individuals with asthma as well as their families.

☺☺

Butte Home Health & Hospice 895-0462

Grief & Loss Support Group

10 Constitution Dr, Chico

Support for those suffering from the loss of a loved one. Meets the first Wednesday of every month, 2:30-4pm.

Caregivers Resource Center 898-5925

25 Main St Rm. 202, Chico 1-800-822-0109

Counseling, family consultation, respite care, support groups for patients and caregivers, legal consultation, education events, info/referral for families and individuals caring for adults (age 18+) with brain impairments as well as other conditions. ☺

Celebrate Recovery 893-8640

2869 Cohasset Road, Chico

12-step program with religious foundations for those struggling with addiction. Fridays 7pm.

Chico Vet Center 892-3800

280 Cohasset Rd #100, Chico

Support groups for those struggling with post-traumatic stress disorder as a result of military trauma or sexual assault.

Depression Bipolar Support Alliance
First Christian Church 295 E. Washington,
Rm. 6, Chico 566-4380
Support for those struggling with depression or
bipolar disorder.

Emotions Anonymous 570-9010
First Congregational Church
1190 E. 1st Ave, Chico
12-step support group for learning to manage
recovery from emotional distress. Meets weekly.

Enloe Cancer Center 332-3808
265 Cohasset Rd, #120, Chico 332-5855
• **Brighter Days Skin Care**

Maximize health of skin, hair, and nails while
undergoing cancer treatment; 1st Wed. of every
month. Call 332-3855 to register.

• **Prostate Cancer support groups**
For men with prostate cancer. Call 1-800-227-
2345 for times and registration.

• **Telling Our Stories writing group**
Healing through writing, with guidance and
encouragement from experienced instructors.
Fourth Tuesday of month, 6:30-8pm, Cancer
Center conference room, 251 Cohasset.

• **Women's Cancer support group**
Join others in an atmosphere of encouragement
and hope. 1st & 3rd Tuesdays, 6:30-8:30pm.
Cancer Center conference room, 251 Cohasset.

Evolved Recovery 534-9316
Unity Church; 1321 Robinson St, Oroville
Peer support group using positive psychology and
present-centered mindfulness to achieve a drug-
free lifestyle.

Gamblers Anonymous 1-855-222-5542
1190 E. 1st Ave, Chico 342-4913
1575 Bird St, Oroville
Support for those struggling with gambling
addictions. Weekly, open format, family and
friends welcome.

Grandparents as Parents 1-877-215-4576
Support group; referrals for legal help and
assistance in preparing court papers for anyone
parenting children that are not their own.

Grief and Loss Support Group
Feather River Hospital Paradise
Hospice 877-8755
Adult support group for those who are suffering
the loss of a loved one.

Hepatitis C Support Group
Vineyard of Chico 566-7513
3880 Morrow Lane
Meets 3rd Thursday every month from 5:30-
6:30pm. Family and friends of Hepatitis C
patients are encouraged to attend this free
support group to learn more about Hepatitis C.

Hmong Cultural Center 534-7474
Hmoob Talkline 403-3978
Warm-line for Hmong community, Support group
for Hmong elders. ☎

Hope Center (The) 538-8398
1950 Kitrick Ave, Bldg A, Oroville
Life Skills Academy (education). Faith-based 12
step Recovery support group, Co-dependency
classes, Self-Harm Support Group for young
women ages 12-18, Parolee support group.

Iversen Wellness & Recovery Center 879-3311
109 Parmac Rd #2A, Chico
A safe place for men and women challenged by
mental health issues. Support groups for
Codependency, Depression/Bipolar, Grief &
Suicide Loss, Older Adults, Relationships &
Intimacy, Social Anxiety, Recovery, and more.
Also open to the public on a drop-in basis, M-F 11-
4:30. ☎ ☎

La Leche League of Chico 591-9191
Bidwell Presbyterian Church 208 W. 1st St.
Monthly meetings in person, 1-800-525-3243
by telephone, or online to 996-5391
provide support, education, and encouragement to
women who want to breastfeed. ☎

NAMI Butte County 894-8551
National Alliance for the Mentally Ill
PO Box 1364, Chico 1-888-626-4530
Education support and advocacy for individuals
with mental illness and their families.

• **Family Support Group**
1190 E. 1st Ave, Chico
A family support group for family and friends of
people with mental illness.
• **Family-to-Family Education course**
Free course for family caregivers of individuals
with severe mental illness. namibuttecoco.com

Narcotics Anonymous 1-877-669-1669
Fellowship of men and women to attain and
maintain abstinence from drugs in any form. Call
24 hrs/7 days.

Oroville Family Health Center 532-3423
2800 Lincoln St, Oroville
Comprehensive Primary Care HIV program in
Oroville and Chico that provides medical care and
health education for people with HIV, including
dental, mental health, nutrition counseling, a
support group, referral services for prescription
drug assistance, home health, and transportation
assistance.

☎ in Chico ☎ in Oroville

Overeaters Anonymous 345-3129
Recovery from compulsive overeating.

Skyway House 898-8326
40 Landing Circle #1, Chico
Alcohol and substance abuse support groups for
adults, adolescents, and older adults.

Stonewall Alliance Center 893-3336
358 East 6th St., Chico
Support groups for gay, lesbian, bisexual,
transgender, Alcoholics Anonymous, HIV positive
individuals, and teens. Stonewall provides
information, advocacy, referrals, and support for
all people through community events, activities,
and discussions.

**Suicide Loss Group (Friends for
Survival) Chico** 343-8942
Monthly support meetings for those who have
been affected by a suicide death. Meets on the 2nd
Monday of each month; call before attending.

Taking Control: Living with Borderline
First Congregational Church 588-4615
1190 E. 1st Ave, Chico
Support group for those living with borderline.
Must call first to apply, group meets weekly on
Wednesdays.

VIVA! 332-3855
Enloe Cancer Center Connections, Chico
A free support group for youth living with loved
ones who have cancer. Groups are offered as
needed, usually twice a year, in the fall and
spring. Please call the above number to register.

Transportation

Butte Regional Transit (B-Line)
B-Line Bus Service - Schedules & Route Info
Chico/Paradise 342-0221
Toll free 1-800-822-8145

Regional public transit system. Use B-Line to
travel locally in Chico, Oroville, Paradise, or to
travel between communities throughout Butte
County, 7 days a week.

Purchase B-Line tickets and passes at:

- Chico Transit Center, corner of 2nd & Salem
- Chico City Finance Office, 411 Main Street
- Paradise Town Hall, 5555 Skyway
- Oroville City Hall, 1735 Montgomery Street
- Gridley City Hall, 685 Kentucky Street
- Butte County Public Works, 7 County Center Drive, Oroville

• Paratransit

ADA service and Senior Dial-A-Ride (ages
65+). Must be pre-certified. Call for
application or visit www.blinetransit.com.

More information on routes, maps and schedules,
fares and passes, public transit news, rider alerts,
local bicycle transportation and resources at
www.blinetransit.com. Customer service phone
hours: Mon-Fri 6am-10pm; Sat/Sun 8am-6pm.
Customer Service Representative is also at the
Chico Transit Center Mon-Fri 7:30am-5:30pm.

5-1-1

Dial 511 from your phone to find transportation
services in the Sacramento region and Butte
County, including a way for you to connect with
other people interested in commuting in a carpool
or van pool.

Glenn Ride 1-888-800-7433
Offers service between Butte County and Glenn
County. The Butte County pick-up points are in
Chico.

Greyhound Bus Lines 1-800-231-2222
Has three daily buses that leave Chico for
Sacramento.

Gridley Golden Feather Flyer

685 Kentucky St, Gridley 370-1945
Public transportation van for seniors and disabled in the Gridley area. Tickets at Gridley City Hall.

Tipsy Tow Prevention Program

AAA of Northern CA 1-800-222-4357
Free tow of your vehicle and a ride home for people who have consumed alcohol. Limited to certain holidays throughout the year, from 6pm to 6am the following day. AAA membership NOT required.

Veterans / Military

Butte College Veterans Resource Center

895-2566
Main Campus, Swing Space C, Oroville
Provides a space on campus for students who are veterans to do homework, study and network. Information to connect veterans to other support services. Financial aid for students who are qualifying veterans.

Butte County Veterans Service Office

2445 Carmichael Dr, Chico 891-2759
Disability and pension claims, applications to VA medical care, veterans' insurance claims, burial benefits, CDVA college fee waivers, general Veteran's information, and referrals.

Caring Veterans

2859 Carlene Pl, Chico 228-2412
Provides food, clothing, basic needs, benefit information and other services for homeless and needy veterans. Please call 345-8800 for more information. Monthly dinners on the 1st Saturday each month at 6 pm. call 520-2412 to confirm.

Chico State Center for Veteran Education and Transition Services

Student Service Center 120 898-5911
Information about veteran issues and benefits; a place to study, mentor, and network with other student veterans attending Chico State.

Chico Vet Center

280 Cohasset Rd #100, Chico 892-3800
Counseling services for combat veterans struggling with post-traumatic stress disorder as a result of trauma or sexual assault. Individual and group therapy also available.

Disabled American Veterans

554 Rio Lindo Ave, Chico 876-1533
Meets 2nd Thursday each month at Veterans Hall.

Family Assistance Network

2415 Tom Polk Ave, Chico 891-2715
1-800-449-9662
FOR MILITARY FAMILIES of all service branches. Provides information, referrals, resources, and support to service members and their families through all stages of deployment; includes health care, legal assistance, counseling, support meetings and more.

Vectors

171 Rio Lindo Dr., Chico 343-3040
Outreach services to the veteran community, primarily the homeless, disabled, and low-income vets. Offers temporary housing and job search assistance.

Veterans Outpatient Clinic

280 Cohasset Rd, Chico 879-5000
1-800-382-8387
Well-care services, physicals, prescriptions, and referrals, medication refills by mail.

Vietnam Veterans

554 Rio Lindo Ave, Chico 877-1340
Meets third Wednesdays, 7pm at Veterans Hall. Provides outreach services for Vietnam veterans and veterans of recent conflicts. Information available in the monthly newsletter.

Women's Services

Better Babies CPSP

578 Rio Lindo Ave #1, Chico 894-5585
Pregnancy testing, prenatal vitamins, temporary Medi-Cal, Lamaze, and breastfeeding classes. Individual appointments, social work, nutrition and lactation education—covered by Medi-Cal. ☺

Birthright

778 East Ave #D, Chico 345-9711
1-800-550-4900
PO Box 104
Free pregnancy test, maternity and baby clothes, legal, medical, financial, and adoption referral, ongoing confidential support and encouragement. No abortion referrals. ☺

Butte Baby Steps

Northern Valley Catholic Social Services
205 Mira Loma, Ste. 10, Oroville 538-8221
7078 Skyway, Paradise 876-0928
Services to help expectant and new parents get their children off to a healthy start. Weekly home visiting and community service referrals for families in Oroville, South County and Paradise.

Moms, Pregnancy and Infant Care

www.text4baby.org

Butte County Public Health Dept. -**WIC Supplemental Food/ Nutrition Program**

2491 Carmichael Dr, Chico 891-2767
82 Table Mtn. Blvd., Oroville 538-7455
By appointment in Paradise 891-2767
By appointment in Gridley 538-7455
Nutrition education, breastfeeding education, supplemental food for pregnant or breastfeeding women, infants and children, free breastfeeding support and services- telephone consultations, in person, home visits.

California Health Collaborative

25 Jan Court #130, Chico 345-2483
Breast and cervical cancer **1-800-682-2282**
screening referrals for low-income, uninsured, or underinsured. ☺

Care-Net Pregnancy Center of Paradise

6189 Clark Rd, Paradise 876-1113
Christian, pro-life pregnancy center to assist women to carry their unplanned pregnancies to term. Free and confidential pregnancy tests, counseling, incentive programs and classes on prenatal care. No abortion referrals. ☺

Caring for Women

Pregnancy Resource Center 533-8388
2362 Lincoln St, Oroville Hotline 532-9362
Free confidential services, faith-based. pregnancy tests, help with maternity & baby clothes, referrals to local agencies. No abortion referrals.

Catalyst Domestic Violence Services

Crisis Line 1-800-895-8476
330 Wall St. #50, Chico 343-7711
2185 Baldwin, Oroville 532-6427
For victims of domestic violence and their children including: 24-hour crisis line, shelter, counseling, legal assistance, and help with restraining orders, court accompaniment; LGBTQ Plus program, drop-in center. ☺

Center for Breastfeeding Support

Feather River Health Center
5125 Skyway, Paradise 876-2500 x2801
Breastfeeding classes and support, home visits, postpartum depression screening, assistance with Medi-Cal recipients, free breast pumps and feeding equipment; Baby Steps parenting information classes on Tuesdays from 10-11:30 am.

Center for Fetal Alcohol Spectrum

Disorder 894-2092
7 Commerce Court #130, Chico
Information and awareness of the dangers of alcohol for pregnant women. Diagnosis, recommendations for services, education, and information for the child, family, and/or caregivers and teachers; lending library, audio-visual aids, interactive CD's, and support group meetings.

CSU Chico Police Dept.

898-5555
• R.A.D. (Rape Aggression Defense) is a free self-defense program for women, offered monthly to female students, faculty, and staff.

CSU Chico Police Dept. Continued

• Safe Place – Victim support services. Resources and referrals, prevention education and outreach, and crisis intervention at CSU, Chico.
• Campus Connection – Safety Escort **898-5555** (extension 5555 from any campus phone or use a Blue Light Phone located on campus)
Offers transportation in the CSU Chico campus area for students, faculty, and staff who are uncomfortable walking alone at night, 6pm-midnight every day when classes are in session.

CSU Chico Gender & Sexuality Equity Center 898-5724
Chico State Campus, BMU 005
 Women and LGBTQ+ resource information, referral, safe zone for breastfeeding, free birth control, resource and lending library, pepper spray for sale.

Enloe Hospital Mother & Baby Care Center 332-3970
251 Cohasset #120, Chico
 Classes, instruction, and support for prepared childbirth; breastfeeding and lactation consultation; childbirth/delivery; newborn care; parent education on child development, infant massage, infant/toddler first aid, and CPR; babysitter training class also offered. ☺☺

Healthy Mothers 876-2518
Feather River Health Center
5125 Skyway, Paradise
 CPSP comprehensive prenatal program providing educational information, childbirth classes, nutrition counseling, vitamins, stress reduction, and support groups for expectant mothers and/or new parents from early in pregnancy through eight weeks postpartum; also pregnancy testing and emergency Medi-Cal for mothers who have no insurance coverage. Weekly parenting class on Thursdays from 10:30-2 pm.

La Leche League of Chico 591-9191
Bidwell Presbyterian Church 208 W. 1st St.
 Monthly meetings in person, 1-800-525-3243 by telephone, or online to 996-5391 provide support, education, and encouragement to women who want to breastfeed ☺

Mother to Baby California
 Over-the-phone and email 1-866-626-6847
 information about prescription and non-prescription medications, vaccines, drug use, infectious diseases, and chemicals that may be harmful to unborn or breastfed babies. ☺

Planned Parenthood 342-8367
3100 Cohasset Rd, Chico 1- 800-230-7526
 Birth control /Emergency Contraception, STD testing and treatment, pap tests, mid-life services, pregnancy testing, HIV screening, abortion, male sterilization, dysplasia services (Colposcopy), health education programs, trilingual staff, Medi-Cal welcome. Limited family planning services in Paradise, Willows, Orland. ☺☺

Rape Crisis Intervention and Prevention Crisis Line 342-7273
2889 Cohasset Rd #2, Chico 891-1331
 Crisis intervention for anyone dealing with issues of sexual assault. Accompaniment to hospital, law enforcement, court. No-cost counseling for victims and significant others, prevention, and community education programs for students and adults. ☺

Sabbath House 899-9343
1297 Park Ave. at the Jesus Center, Chico
 Overnight shelter for women and children who are homeless or in crisis. Meals, beds and showers; Community Computer Resource Center.

Stepping Stones
Butte County Behavioral Health
556 Cohasset Rd, Chico 879-3795
1720 Daryl Porter Way, Oroville 693-2172
 Outpatient program that offers alcohol and drug treatment, case management, continuing care and support groups for women who are pregnant or are parenting children.

Women's Health Specialists 891-1911
1469 Humboldt Rd, #200, Chico
 Spanish 1-800-714-8151
 Well Woman health care: annual exams, counseling and treatment for common health concerns; all methods of birth control for women; free pregnancy test and morning-after pill without age restrictions; STD education, screening, and treatment for women and men; full scope abortion services; information and adoption services. ☺☺

Women's Resource Clinic 897-6101
115 W. 2nd Ave, Chico 24hr: 897-6100
 Free pregnancy testing, confidential consultation, faith-based education on birth options, adoption and parenting, free ultrasounds, physician and community referrals for prenatal care, support groups. No abortion referrals.
 • **Earn While You Learn**
 Free parenting classes and baby boutique credit.

*****End of Listings*****

Updates to the Low Cost No Cost Directory are made yearly. To request changes for your agency's listing, call 530-774-2191 or send an E-mail to helpcentral@ncen.org.

Also, please check the accuracy of your agency's online listing in the searchable database at www.helpcentral.org. Click the "Search Database" button to view listings.

HelpCentral.org

DISCLAIMER: No representations are made about the quality of the services listed. Consumers of services are responsible for determining the appropriateness, effectiveness, and actual costs of services before making use of them.

Search for services in Butte County at home or at your public library – sign up to use a public Internet access computer and go to www.helpcentral.org



Dial 2-1-1 to get connected to community resources. Our Information and Referral Specialists can help you find the resources you need.

Or search the Web at www.HelpCentral.org to find more online resources, seasonal programs, and links to services.

Find us on facebook at www.facebook.com/HelpCentral.org